

VIVIANA VILAR DA SILVA

## **ANTITUMOR ACTIVITY OF XANTHONE DERIVATIVES: EFFECTS ON THE IMMUNE MICROENVIRONMENT**

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Orientador:

Doutor Rui Medeiros

Professor Associado Convidado de Ciências Médicas

Instituto de Ciências Biomédicas Abel Salazar, Universidade  
do Porto, Porto, Portugal.

Co-orientadores:

Doutora Fátima Cerqueira

Professora Associada de Ciências Médicas

Faculdade de Ciências da Saúde, Universidade Fernando  
Pessoa, Porto, Portugal.

Doutora Madalena M.M. Pinto

Professora Catedrática em Química Orgânica e  
Farmacêutica

Faculdade de Farmácia, Universidade do Porto, Porto,  
Portugal



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# Nomenclature

1,2-DHX: 1,2-Dihydroxyxanthone

AP-1: activator protein 1

APC: antigen-presenting cell

cdc2: cell division cycle protein 2 homolog

CDK: cyclin-dependent kinases

CHEK2 – checkpoint kinase 2

CTL or CD8+ T: cytotoxic T cell

CYP: cytochrome P450;

DMF: N.N-Dimetilformamida

DMSO: Dimethyl sulfoxide

DMXAA or Vadimezan: 5,6-dimethylxanthenone-4-acetic acid;

ELISA: Enzyme-Linked Immunosorbent Assay

NOS: nitric oxide synthases

FBS: fetal bovine serum

GI<sub>50</sub>: half maximal growth-inhibitory concentrations

GST: glutathione-S-transferase

IC<sub>50</sub>: half maximal inhibitory concentration

IL: interleukin;

INF-γ: interferon gamma

L-NAME: N-nitro-L-arginine methyl ester

LPS: lipopolysaccharides

M1: classic polarization of macrophages

M2: alternative polarization of macrophages;

MAPK: mitogen-activated protein kinase

MDM2: murine double minute 2

MHC: major histocompatibility complex

MTT: 3-(4,5-Dimethylthiazol-2-yl)-2,5-Diphenyltetrazolium Bromide

NF- $\kappa$ B: nuclear factor kappa B

NK: natural killer cell

NO: nitric oxide

p21<sup>cip1</sup>: cyclin-dependent kinase inhibitor 1

p27: cyclin-dependent kinase inhibitor

p53: tumor protein p53

PBS: Phosphate buffered saline

PHA: phytohemagglutinin

PMA: phorbol-12-myristate-13-acetate;

SEM: standard error of the mean

SRB: sulphorodamine B

TAM: tumor-associated macrophages

TGF: transforming growth factor

Th: T helper cell

TNF- $\alpha$ : tumour necrosis factor  $\alpha$

Treg: regulatory T cell

$\alpha$ -MG: Alpha-mangostin

# Resumo

O cancro é uma das patologias mais agressivas e letais, permanecendo um desafio para investigadores e médicos, mesmo após décadas de investigação e investimento nesta área. A deteção tardia e as limitações das terapias atuais, associadas a quimio-resistência e efeitos adversos, são os principais problemas.

O melanoma é um tumor melanocítico altamente imunogénico e com elevada predisposição para metastizar. A sua incidência tem vindo a aumentar em todo o mundo e as taxas de mortalidade associadas a esta doença são muito elevadas. Deste modo, é necessário estabelecer terapias alternativas que superem as atuais limitações do tratamento, nomeadamente aumentando o espectro e a eficácia e diminuindo a toxicidade dos medicamentos usados atualmente. Uma boa estratégia para evitar a resistência tumoral exige moléculas com múltiplos alvos.

As xantonas são naturalmente obtidas em plantas de grande porte e também em microrganismos. Notáveis propriedades farmacêuticas foram descritas para estes compostos, principalmente o seu potencial anti-tumoral, que contribuiu para a comercialização de suplementos alimentares, para o isolamento e para a síntese de numerosos derivados xantónicos. No cancro, o efeito promovido por estes, compromete várias vias fisiológicas, interferindo com múltiplas características do cancro, incluindo a apoptose, ciclo celular, angiogénese, a inflamação e a vigilância imunitária, tornando-os um potencial candidato a fármaco.

O objetivo principal deste estudo foi avaliar os efeitos de duas xantonas, alfa-mangostina e 1,2-dihidroxixantona, no crescimento da linha celular humana de melanoma A375-C5 e a sua capacidade para modular o micro-ambiente imunológico dependente de macrófagos. Foi avaliada a capacidade dos compostos para interagir com os diferentes parâmetros imunológicos que podem interferir com o tratamento de tumores, incluindo a produção de óxido nítrico e a expressão de citocinas, como a interleucina1 beta e o fator de necrose tumoral alfa (características do fenótipo M1 em macrófagos) e a interleucina 10 e o fator transformador do crescimento beta 1 (características do fenótipo M2). A alfa-mangostina também foi testada em linfócitos, isto é, na proliferação celular e produção de citocinas. Esta atividade foi previamente descrita para a 1,2-dihidroxixantona. Em todos os ensaios, foram usados sistemas celulares *in vitro*, maioritariamente de origem humana.

As xantonas causaram uma diminuição na produção de óxido nítrico e interferiram com a expressão de citocinas por macrófagos e / ou linfócitos estimulados. A alfa-mangostina inibiu a expressão da interleucina 1 beta e do fator transformador do crescimento beta 1, e estimulou o fator de necrose tumoral alfa. A 1,2-dihidroxixantona

inibiu a interleucina 1 beta e a interleucina 10, estimulou ainda o fator transformador do crescimento beta 1 e o fator de necrose tumoral alfa em macrófagos. A alfa-mangostina também interferiu com a proliferação de linfócitos e a expressão da interleucina 10 e do fator de necrose tumoral alfa por estas células.

Quanto ao impacto direto dessa modulação no crescimento de melanoma, os compostos apresentam uma melhoria de efeito citotóxico. No entanto, só no tratamento com 1,2-dihidroxixantona, esta melhoria pode ser associada com a modulação de macrófagos pela xantona, uma vez que o efeito da alfa-mangostina em doses baixas é semelhante aos macrófagos não tratados na linha celular em estudo.

Em conclusão, estes resultados permitiram inferir um impacto potencial da alfa-mangostina e da 1,2-dihidroxixantona no tratamento do melanoma, devido à sua atividade citotóxica e ao sugestivo efeito imunoterapêutico em tumores.



# Abstract

Cancer is one of the most aggressive and lethal diseases, remaining a challenge for researchers and physicians, in spite of decades of research and investment in this area. Later detection and constraints of current therapies, associated with chemoresistance and toxic side effects, are the main problems.

Melanoma is a melanocytic tumor highly immunogenic and with a great predisposition to metastasize. Its incidence is increasing worldwide and the mortality rates associated to the disease are very high. Therefore, it is imperative to find therapeutic alternatives that overcome the actual limitations of the treatment, namely improving the spectrum and efficacy of actuation and decrease the toxicity of currently used drugs. A good strategy to avoid the tumor resistance needs a drug that targets multiple pathways.

Xanthones are naturally obtained from higher plants and microorganisms. Remarkable pharmacologic proprieties have been described for these compounds, mainly their antitumor potential, which contributed to their commercialization as dietary supplement, isolation and synthesis of numerous derivatives of xanthones. In cancer, their effect comprises several physiologic pathways, interfering with multiple hallmarks of cancer, including apoptosis, cell cycle, angiogenesis, inflammation and immune surveillance making them a prospective drug candidate.

The main goal of this study was the evaluation of the effects of two xanthones, alpha-mangostin and 1,2-dihydroxyxanthone, on A375-C5 melanoma cell growth and their capacity to modulate the immune macrophages-dependent microenvironment. The ability for the compounds to interact with different immunologic parameters that may interfere with tumor treatment were evaluated, including production of nitric oxide and expression of cytokines interleukin-1 $\beta$  and tumor necrosis factor- $\alpha$  (characteristics of M1 phenotype) and interleukin-10 and transforming growth factor- $\beta$ 1 (characteristic of M2 phenotype). alpha-Mangostin was also tested in lymphocytes, namely in cell proliferation and cytokines production. This activity was previously described for 1,2-dihydroxyxanthone. In all assays, *in vitro* cellular systems were used, mostly of human origin.

Xanthones caused a decrease in nitric oxide production and interfere with the expression of cytokines by stimulated macrophages and/or lymphocytes. Alpha-mangostin suppressed expression of interleukin-1 $\beta$  and transforming growth factor- $\beta$ 1, and stimulated tumor necrosis factor- $\alpha$ . 1,2-Dihydroxyxanthone inhibited interleukin-1 $\beta$  and interleukin-10, stimulated transforming growth factor- $\beta$ 1 and tumor necrosis factor- $\alpha$  in macrophages. Alpha-mangostin also interferes with lymphocytes proliferation and the expression of interleukin-10 and tumor necrosis factor- $\alpha$  by these cells. Concerning the direct impact of this modulation on melanoma growth, the compounds exhibit an

improvement of cytotoxic effect. However, only in 1,2-dihydroxyxanthone treatment, this improvement could be associated with modulation of macrophages, since the effect of alpha-mangostin at lower doses is similar to non-treated macrophages in the cell line in study.

In conclusion, these finds allowed to infer a prospective impact of alpha-mangostin and 1,2-dihydroxyxanthone in melanoma treatment, due to their cytotoxic activity and suggestive effect in cancer immunotherapy.

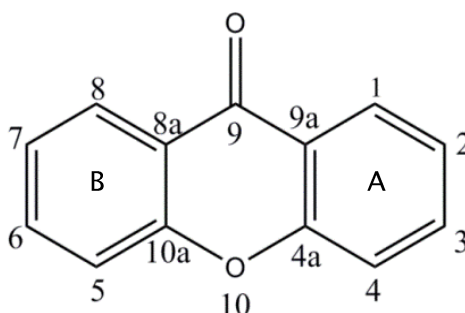
# I. General Introduction

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Xanthones, melanoma and immune system

### Chemistry of xanthenes: General considerations

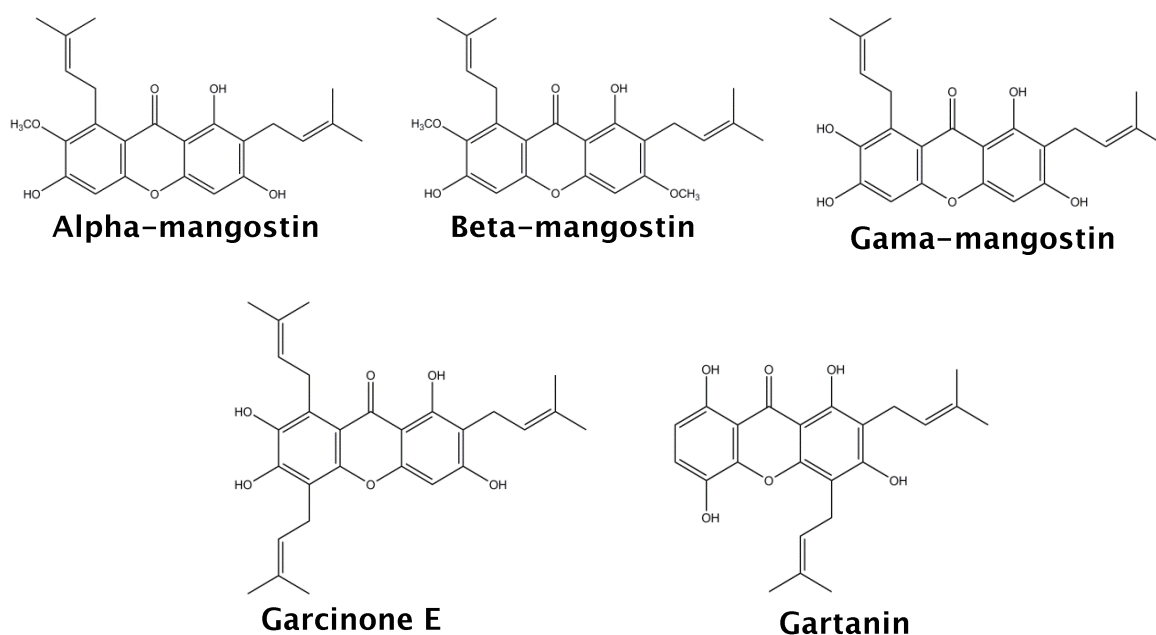
Xanthenes are biologically active tricyclic molecules characterized by a dibenzo- $\gamma$ -pyrone nucleus or 9*H*-xanthen-9-one (**Figure 1**) (Pinto *et al.* 2005; Mazimba *et al.* 2013).



**Figure 1** Xanthone basic skeleton

The diversity of xanthone derivatives is possible due to the variation of the nature and position of substituents on the A and B rings. According to that, natural xanthenes may be categorized into: simple oxygenated, glycosylated, prenylated and their derivatives (xanthone dimers, xanthonolignoids, and miscellaneous). On the other hand, the synthetic xanthenes can have simple groups such as hydroxyl, methoxyl, methyl, carboxyl, as well as more complex substituents such as epoxide, azole, methylenedibutylolactone, aminoalcohol, sulfamoyl, methylthiocarboxylic acid, and dihydropyridine in their scaffold (Pinto *et al.* 2005).

Natural xanthenes of higher plants mainly occur in two families, Guttiferae and Gentianaceae, and can also be found in microorganisms as fungi and lichens (Vieira and Kijjoa 2005; Mazimba *et al.* 2013). The majority of these compounds was obtained from *Garcinia mangostana* Linn, being the most abundant and frequently studied, the  $\alpha$ -mangostin,  $\beta$ -mangostin,  $\gamma$ -mangostin, garcinone E and gartanin (**Figure 2**) (Shan *et al.* 2011).



**Figure 2:** Structure of the main xanthones from mangosteen

Xanthenes have shown remarkable biological/pharmacological activities linked with their tricyclic scaffold, depending on the nature and/or position of the diverse constituents (Mazimba *et al.* 2013). As xanthenes from natural origin are quite limited in type and position of the substituents due to the biosynthetic pathways, the syntheses of new xanthenes can attempt to alter or improve their activity by having different nature and positions of the substituents on the nucleus of these compounds (Pedro *et al.* 2002).

### Biological activities of xanthenes

In the last decade, the interest for natural or derivative xanthenes has been growing as readily confirmed by the increased numbers of scientific reports (Gutierrez-Orozco and Failla 2013). These have allowed to find a great variety of biological/pharmacological activities associated with xanthone derivatives including analgesic (Bianco *et al.* 1989; Garrido *et al.* 2001; Cui *et al.* 2010), antioxidant (Madan *et al.* 2002; Jung *et al.* 2006), anti-inflammatory (Lin *et al.* 1996; Madan *et al.* 2002; Teixeira *et al.* 2005; Chen *et al.* 2008), antitumor (Pinto *et al.* 2005; Pedraza-Chaverri *et al.* 2008; Shan *et al.* 2011; Gutierrez-Orozco and Failla 2013), antiallergic (Pfister *et al.* 1972; Nakatani *et al.* 2002), antimicrobial (Pinto *et al.* 2005; Pedraza-Chaverri *et al.* 2008), neuroprotective (Li and Ohizumi 2004; Weecharangsan *et al.* 2006) and immunomodulatory (Makare *et al.* 2001; Tang *et al.* 2009).

In spite of all promising proprieties in the improvement of treatment of a number of pathologies as cancer (Pinto *et al.* 2005; Shan *et al.* 2011), diabetes (Ichiki *et al.* 1998;

Bumrungpert *et al.* 2009), cardiac (Jiang *et al.* 2004; Devi Sampath and Vijayaraghavan 2007), psychiatric (Chairungsrikerd *et al.* 1996), autoimmune (Madan *et al.* 2002; Yusuf-Makagiansar *et al.* 2002; Leiro *et al.* 2004) and neurodegenerative pathologies (Weecharangsan *et al.* 2006; El-Seedi *et al.* 2010), it is important to note that the majority of the compounds were only evaluated in cell lines or animal models. According to that the safety and efficacy of these products cannot be completely assure.

Vadimezan (5,6-dimethylxanthenone-4-acetic acid, DMXAA), a promising anticancer xanthone that presented important proprieties as vascular disrupting-agent is an example of the need of appropriated clinical trial. This compound was tested until phase II trial suggesting potential application in combination with paclitaxel and carboplatin for non-small-cell lung cancer (McKeage *et al.* 2009). Although, the phase III revealed a lack of utility to human use against this cancer due to a specie-specific role (Baguley and Ching; Lara *et al.* 2011).

### Antitumor activity

Among all physiological activities mediated by xanthone compounds, the antitumor capacity seemed to be quite remarkable since they exert their inhibitory effect in a significant range of tumors. This activity was demonstrated *in vitro* and/or *in vivo* on breast (Pedro *et al.* 2002; Moongkarndi *et al.* 2004; García-Rivera *et al.* 2011), colorectal (Gobbi *et al.* 2002; Nakagawa *et al.* 2007; Watanapokasin *et al.* 2010), prostate (Johnson *et al.* 2012), colon (Chitchumroonchokchai *et al.* 2013), lung (Kostakis *et al.* 2002; Suksamrarn *et al.* 2006; Rajendran *et al.* 2008), glioma (Chao *et al.* 2011), hepatoma (Ho *et al.* 2002; Zou *et al.* 2004), leukemia (Kostakis *et al.* 2002; Seo *et al.* 2002; Matsumoto *et al.* 2003; Yao *et al.* 2010) and melanoma (Joseph *et al.* 1999; Pedro *et al.* 2002; Wang *et al.* 2011), among others (Pinto *et al.* 2005; Gutierrez-Orozco and Failla 2013). Analyze analyse

The chemotherapeutic and chemopreventive potential owing their inhibitory effect on every steps in the process of tumorigenesis (initiation, promotion, and progression) and on multiple signaling targets (Sun *et al.* 2002; Liu *et al.* 2013). Indeed, these compounds are able to modulate a considerable number of hallmarks of cancer by induce cell cycle arrest, suppression of tumor cell proliferation, induction of apoptosis, differentiation, reduction of inflammation, and inhibition of adhesion, invasion, and metastasis (Pinto *et al.* 2005; Akao *et al.* 2008; Pedraza-Chaverri *et al.* 2008; Shan *et al.* 2011; Gutierrez-Orozco and Failla 2013).

The induction of apoptosis may be possible, among other factors, due activation of caspase cascade and disruption of mitochondrial membrane and consequent release of cytochrome c (Matsumoto *et al.* 2004). Antiproliferative effects of xanthenes were demonstrated as result of cell cycle arrest at G1 and S phases (Matsumoto *et al.* 2005).

The inhibition of metastatic process is likely associated to inhibition of matrix metalloproteinase (MMPs; particularly MMP-2 and MMP-9) and u-PA (urokinase - plasminogen activator) expression by JNK1/2 (Jun N-terminal kinase), NF- $\kappa$ B (nuclear factor kappa-B) and AP-1 (activator protein 1) activity suppression (Hung *et al.* 2009).

Therefore, xanthenes could be agents of an emerging antitumor therapy capable of alter multiple signaling targets, affect various traits of cancer and consequently prevent adaptive resistance (Hanahan and Weinberg 2011; Liu *et al.* 2013).

#### Anti-inflammatory activity

There is a range of evidences from the involvement of inflammatory pathways in tumorigenesis (Kundu and Surh 2008). Xanthenes have demonstrated both, antitumor and anti-inflammatory potential.

Several xanthone derivatives, mainly the natural ones, attenuated the expression of inflammatory mediators as TNF- $\alpha$  (tumor necrosis factor- $\alpha$ ) and interleukins 6 (IL-6) in cell lines of macrophages and adipocytes and decreased the activation of signaling pathways including IL-1, mitogen-activated protein kinase (MEK), Jun N-terminal kinase (JNK), extracellular signal-regulated kinase (ERK), signal transducer and activator of transcription 1 (STAT-1), NF- $\kappa$ B, AP-1 in these cells (Kumar *et al.* 2003; Leiro *et al.* 2004; Bumrungpert and Kalpravidh 2010; Liu *et al.* 2012). Immunomodulatory effects were also observed in murine models (Jang *et al.* 2012).

Reduction of inducible NO synthase (iNOS) mRNA was reported for several xanthenes in murine macrophages cell lines (Garrido *et al.* 2004; Teixeira *et al.* 2005; Chen *et al.* 2008; Tewtrakul *et al.* 2009) or murine models (Leiro *et al.* 2003). Decreased levels of cyclooxygenase-2 (COX-2) were also associated with activity of xanthenes (Leiro *et al.* 2004; Chen *et al.* 2008; Tewtrakul *et al.* 2009).

This represents a small part of all the reported anti-inflammatory effects of xanthenes, many others could be added to those as demonstrated in some published reviews (Pinto *et al.* 2005; Shan *et al.* 2011; Gutierrez-Orozco *et al.* 2013).

#### **Melanoma**

Melanoma is a malignancy of melanocytes or their precursors, the melanoblasts (Asnaghi *et al.* 2012). This is primarily located in the skin, but can also be found in ears, gastrointestinal tract, eyes, oral and genital mucosa and leptomeninges (McCourt *et al.* 2014). The main risk factor associated to this cancer is the excess of sun exposition as repeatedly referred in several prevention campaigns. In spite of this attempt to control

emerging cases, its incidence rate is still rising worldwide at highest levels than other tumors (Maio 2012; Liu *et al.* 2014).

Melanocytic tumors presented a highly predisposition to metastasize, however, when early detected frequently means a successful treatment and increasing of survival. Contrariwise, metastatic tumors represent poor prognostic with high associated mortality (Korn *et al.* 2008; Gast *et al.* 2011).

Melanoma tumorigenesis requires a multistep process, however, a great variety of evidences referred the crucial involvement of immune system in tumor progression (Hussein 2004). The character highly immunogenic of melanocytic tumors and the influence of host immune response and microenvironment inflammatory cells in cancer growth were verified (Hussein 2004; Dranoff 2009; Chen *et al.* 2011). Indeed, primary melanomas undergo spontaneous regression much more frequently than any other cancer that may be a sign of immunosurveillance or, by other way, it may be due melanoma are easier to visualize (Printz 2001; Kalialis *et al.* 2009). Nevertheless, other evidences corroborate the involvement of immune system, namely the relatively amount of tumor-infiltrating lymphocytes in melanoma microenvironment compared with other cancers and associated with favorable prognostic (Maio 2012; Kushnir and Merimsky 2013) and the appearance of autoimmune condition as vitiligo in melanoma patients or patients treated with immunotherapy which normally means a better disease outcome (Le Gal *et al.* 2001; Phan *et al.* 2001; Boasberg *et al.* 2006).

In more advanced stages, this cancer became capable to avoid immunosurveillance (Reiman *et al.* 2007; Speeckaert *et al.* 2011) and its progression and metastatic potential may be supported by immune cells present in tumor microenvironment, as the tumor-associated macrophages (TAMs) since they are the most abundant leucocytes in melanoma and represent a poor prognostic (Brockner *et al.* 1988; Bernengo *et al.* 2000; Makitie *et al.* 2001; Varney *et al.* 2005; Porta *et al.* 2007; Solinas *et al.* 2009; Mantovani and Sica 2010; Qian and Pollard 2010).

### **Immune System**

Immune system is a complex network of cells, tissues and organ that plays an important role in defense against multiple microorganisms and toxins and it is essential to organism homeostasis by respond not only to exogenous, but also to endogenous signals (Matzinger 2002). As is known, this system could be divided in two components, the innate and adaptive immunity.



Innate immunity is the immediate response to a “danger” and comprises a variety of cells, including dendritic cells (DC), macrophages, neutrophils and natural killer (NK) cells (Vesely *et al.* 2011; Lakshmi Narendra *et al.* 2013).

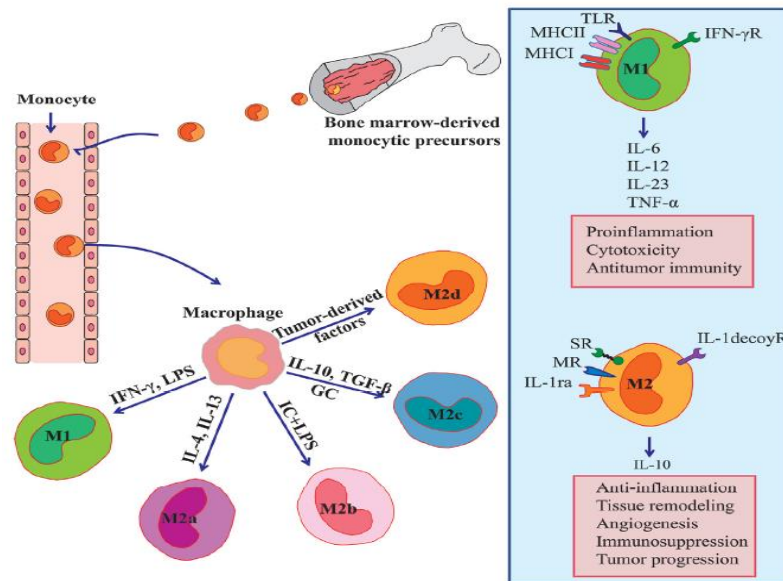
Adaptive immunity is antigen specific due to somatic rearrangement on genes that codify each receptor of lymphocytes, i.e. the T cell receptor (TCR) for T lymphocytes and immunoglobulin for B lymphocytes. Beyond T and B lymphocytes, adaptive immune system comprises humoral mediators including cytokines and antibodies (Vesely *et al.* 2011; Lakshmi Narendra *et al.* 2013).

### Macrophages

Macrophages are essential cells of innate immune system that play an important role in host defense and tissue homeostasis maintenance (Gordon and Martinez 2010). They derived from circulating monocytes originates from monocytic precursors of bone marrow. Monocytes are attracted to target tissues where differentiate into mature macrophages (Murray and Wynn 2011; Davies *et al.* 2013).

Macrophages are heterogeneous cells able to polarize in different subtypes among the classic phenotype (M1) and the alternatives (M2-like), according to the received stimuli which influence their immune response (**Figure 3**) (Mantovani *et al.* 2002; Martinez *et al.* 2009). The M1 phenotype is triggered by Th1 (T-helper 1 lymphocyte) cytokine interferon- $\gamma$  (IFN- $\gamma$ ), bacteria constituents (like LPS) or Toll-like receptors (TLRs) agonists. Once activated, M1 macrophages produce pro-inflammatory cytokines such as TNF- $\alpha$ , IL-1 $\beta$ , IL-6 and IL-23, great quantities of MHC (major histocompatibility complex) class I and II (essential for antigen presentation), nitric oxide (NO) and pro-inflammatory chemokines. They promote the recruitment of Th1 cells, CD8+ CTL (cytotoxic T cells) and NK cells leading to an inflammatory response and antitumor immunity. (Mantovani *et al.* 2002; Mantovani *et al.* 2004; Fairweather and Cihakova 2009; Hao *et al.* 2012; Sica and Mantovani 2012).

Conversely, M2 macrophages are activated by Th2 cytokines, including IL-4 and IL-13, or only by IL-10. They express high levels of IL-10 and TGF- $\beta$  and immunosuppressive chemokines. M2-like phenotype favors the recruitment and development of Treg (regulatory T cells) and Th2, leading to a response that supports tumor growth through immunosuppression (Coffelt *et al.* 2009; Martinez *et al.* 2009; Siveen and Kuttan 2009; Hao *et al.* 2012; Sica and Mantovani 2012). However, is difficult to establish a linear effect of M1 and M2 macrophages in immune system.



**Figure 3:** Polarization of macrophages and corresponding functions. Legend: GC indicate glucocorticoid; IC, immune complex; IL-1ra, IL-1 receptor antagonist; LPS, lipopolysaccharide; MR, mannose receptor; SR, scavenger receptor - adapted from (Chanmee *et al.* 2014).

### T lymphocytes

T lymphocytes or T cells derived from lymphoid precursors and develop in the thymus. They express specific receptors (TCRs) capable to recognize peptides (antigens) presented by APCs (antigen-presenting cells, namely dendritic cells) and direct or indirectly by macrophages. T cells may be classified into cytotoxic T lymphocytes (CD8+ CTL) when recognize peptides presented by MHC class I or T helper cells (CD4+ Th) if they detect antigens from MHC class II (Fauci *et al.* 2009; Lakshmi Narendra *et al.* 2013).

Naïve CD8+ T could proliferate and differentiate into effectors (or CTLs) and memory CD8+ T cells after appropriate activation signals. CTLs produce cytokines (as INF- $\gamma$ ) and effector molecules (perforin and granzyme-B) with cytotoxic effect on the targets including infected or cancer cells (Lakshmi Narendra *et al.* 2013).

CD4+ T cells are a much heterogeneous group: they can be subdivided into Th1 (expressing IFN- $\gamma$ , TNF- $\alpha$  and IL-2), Th2 (expressing IL-4-, IL-5, IL-10 and IL-13), Th17 (producing IL-17), T follicular helper cells (TFH), and Treg depending of stimuli (Munk and Emoto 1995; Wilson *et al.* 2009; Zhou *et al.* 2009).

Th1 collaborate with CTLs and regulate the duration and magnitude of pro-inflammatory or anti-tumor CTLs actions (Romagnani *et al.* 1997).

In contrast with Th1, Th2 induce T cells anergy, suppressing CTLs response and promoting protumor humoral immune response (Parker 1993; Lakshmi Narendra *et al.* 2013).

Regulatory T cells (Treg) may be separated into natural (nTreg) and inducible (iTreg or Tr1). Natural Treg mediate immunosuppressive via cell contact-dependent mechanisms (as granzyme-B/perforin or Fas/Fas ligand pathways) and maintain the immune tolerance (Raimondi *et al.* 2007). Tr1 is induced by microenvironment signals as antigens, IL-2, TGF- $\beta$  and IL-10, and exert an immunosuppressive effect by produce anti-inflammatory cytokines (Roncarolo *et al.* 2001; Roncarolo *et al.* 2006; Bergmann *et al.* 2007).

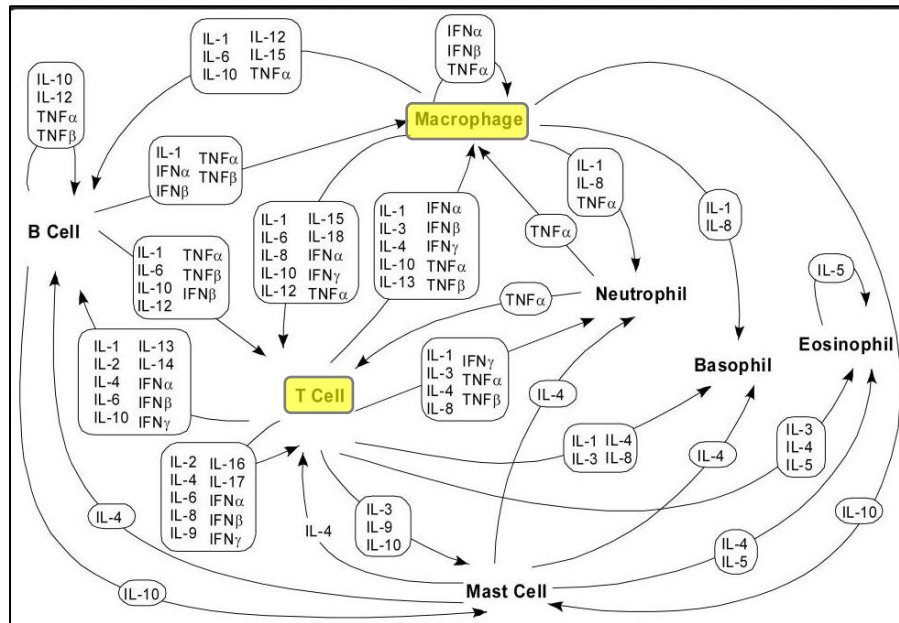
### Nitric Oxide

Nitric oxide (NO) is an endogenous gas produced by nitric oxide synthases (NOS) by L-arginine. It is an important cellular signaling molecule involved either in physiologic (including maintenance of blood pressure, neuronal mediation and inflammation) or pathological process (as vascular shock, stroke, diabetes, arthritis, chronic inflammation and cancer) (Gross and Wolin 1995; Kuo and Schroeder 1995; Hou *et al.* 1999). In mammals, the main isoforms of the NOS enzyme are the endothelial (eNOS or NOS3), neuronal (nNOS or NOS1) and inducible (iNOS or NOS2). NOS1 and NOS3 are expressed constitutively in neuronal and endothelial cells, respectively, depending on calcium concentration. NOS2 is an inducible calcium-independent isoform expressed after immunologic stimuli in, theoretically, all cells (Moncada *et al.* 1991; Gross and Wolin 1995; U. 2012).

In cancer, NO effect seemed to be biphasic. Below a critical concentration of NO, it causes DNA mutations (Wink *et al.* 1998), inhibits apoptosis (Choi *et al.* 2002), promotes angiogenesis (Ziche and Morbidelli 2000), limits immune response against cancer (Wink *et al.* 1991) and promotes metastasis (Lala and Orucevic 1998). When it exceeds the critical concentration, NO induce apoptosis and suppress the growth of the tumor (Choudhari *et al.* 2013).

### Cytokines

Cytokines are small proteins essentials to the interaction and communications between cells. They interact in a complex pathway in an autocrine, paracrine or endocrine manner with synergic or antagonist outcome, since a single cytokine may act on several different cell types (**Figure 4**) (Zhang and An 2007).



**Figure 4** Cytokine network in immune system – adapted from (Zhang and An 2007)

Monokines, interleukins and lymphokines are different types of cytokines. They are produced by a variety of immune or endothelial cells; however helper T cells (Th) and macrophages are the predominant producers (Zhang and An 2007).

In spite of their importance in several physiologic processes, they have been also associated to pathologic condition. Tumor cell and cells from tumor microenvironment, for example, showed aberrant production of cytokine (Kurzrock 2001; Jin *et al.* 2004).

Cytokines are commonly divided in pro-inflammatory and anti-inflammatory. Interleukin-1 $\beta$  (IL-1 $\beta$ ) and tumor necrosis factor- $\alpha$  (TNF- $\alpha$ ) are pro-inflammatory chemokines frequently associated either to immunosurveillance against cancer, or tumor progression. Anti-inflammatory cytokines, as transforming growth factor- $\beta$  (TGF- $\beta$ ) and IL-10, also show complex effects on tumor development.

IL-1 $\beta$  is only produced after stimulation by inflammatory signals. It has been associated with all steps of malignancy (carcinogenesis, progression, invasion and metastasis) (Apte and Voronov 2008) and was related with metastasis promotion in melanoma models *in vivo* (Giavazzi *et al.* 1990; Meyer *et al.* 2011). In contrast, this interleukin is highly produced by M1 macrophages, important promoters of immune response against

malignant cells, which means that IL-1 $\beta$  may facilitate immunosurveillance, limiting tumor growth and progression (Fairweather and Cihakova 2009).

TNF- $\alpha$  can induce different signaling pathways, including a pro-apoptotic and an anti-apoptotic, among others (Chen and Goeddel 2002). According to that, its effect is a double-edge sword in carcinogenesis. Higher concentration of this cytokine can induce an antitumor response (Wiemann and Starnes 1994; Herman *et al.* 2013). In agreement, inhibitors of TNF appear to increase the risk of skin cancer, including melanoma (Mariette *et al.* 2011; Kouklakis *et al.* 2013). In contrast, low levels of it can induce tumor phenotypes by promote reactive oxygen/nitrogen species generation, causing DNA damage and promoting tumorigenesis (Woo *et al.* 2000; Hussain *et al.* 2003; Balkwill 2006).

TGF- $\beta$  presents immunosuppressive and anti-inflammatory properties, involved in multiple physiologic pathways including embryogenesis, proliferation and differentiation (Santibanez *et al.* 2011). Their role in cancer is controversial. In early stages of cancer it promotes cell cycle arrest and apoptosis, acting as tumor suppressor. In later stages TGF- $\beta$  stimulated the invasion and metastasis, inducing epithelial-mesenchymal transition (Akhurst and Derynck 2001; Morrison *et al.* 2013). In melanoma, TGF- $\beta$  isoforms (TGF- $\beta$ 1/2/3) are highly expressed and increase in parallel with tumor progression (Krasagakis *et al.* 1998; Javelaud *et al.* 2008). According to that, this cytokine is commonly produced by M2-like macrophages leads to a Th2 response, i.e., promotes an immunosuppressive microenvironment that allows the tumor immune escape (Coffelt *et al.* 2009; Martinez *et al.* 2009; Siveen and Kuttan 2009; Hao *et al.* 2012; Sica and Mantovani 2012).

IL-10 is produced by almost all immune cells (as T and B cell, macrophages and monocytes, mast cells, granulocytes, dendritic cells and keratinocytes) (Sabat *et al.* 2010; Costa *et al.* 2013) and can also be produced by tumor cells (Gastl *et al.* 1993). In cancer, its effect is, once again, paradoxical. IL-10 can exert antitumor activity in glioma, melanomas, breast and ovarian carcinomas (Lin and Karin 2007) may be through downregulation of MHC I and consequent induction of NK-mediated tumor cell lysis (Kundu and Fulton 1997). However, IL-10 can allow the immune escape by tumor and reduce antigen presentation, cell maturation, differentiation and apoptosis (Zeng *et al.* 2010; Hamidullah *et al.* 2012).

## **Tumor immunology**

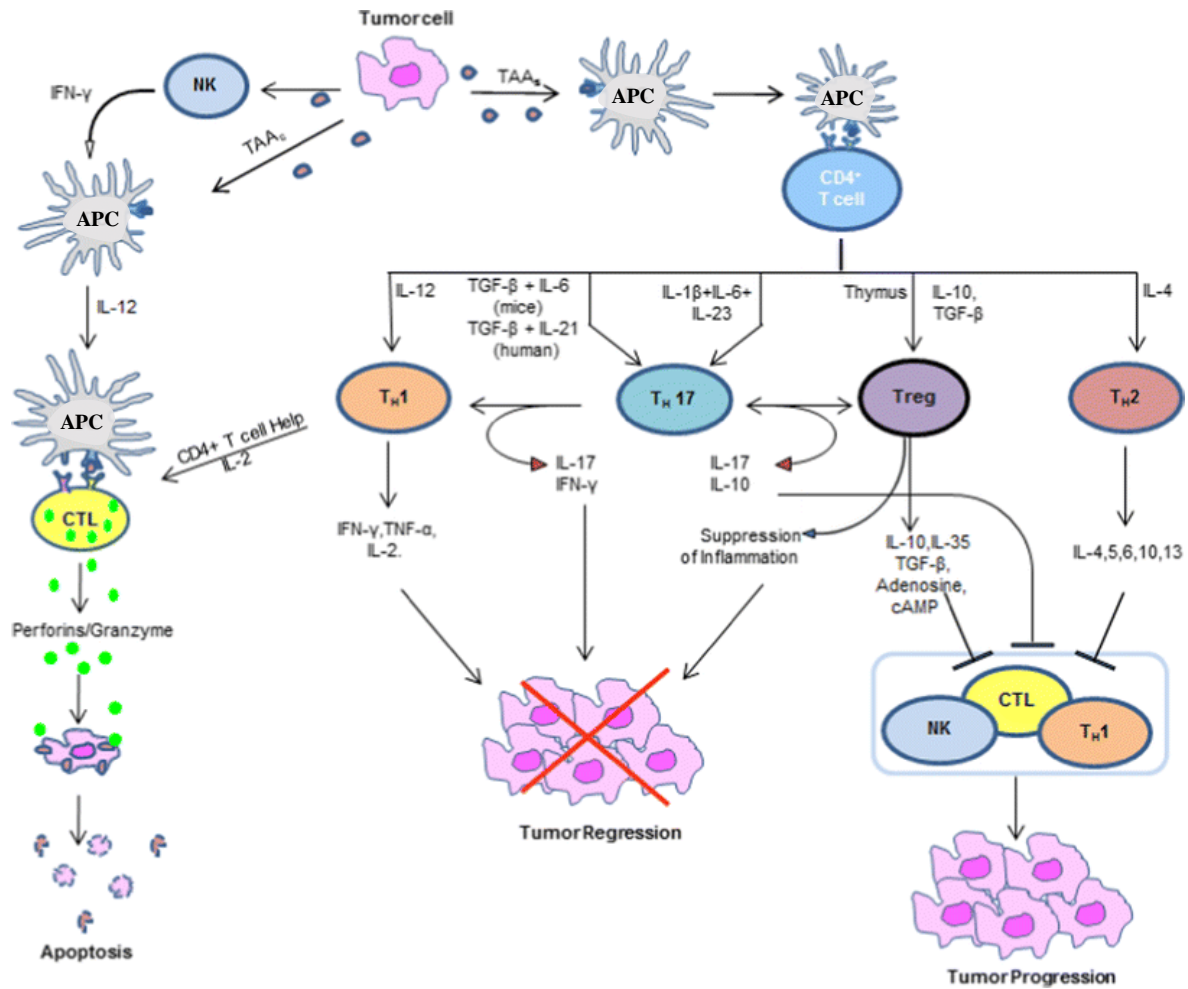
In case of malignant transformation, characteristic mutations of cancer produce tumor-associated antigens (TAAs) that may allow immune activation and tumor control (Spurrell and Lockley 2014).

However, the persistence of tumors implies immune escape by several mechanisms. Some tumors lose essential functions to immune activation as the failure in expression of MHC molecules (responsible to antigen presentation and consequent T cell activation). Others express immunosuppressive cytokines or create physical barriers to avoid immunosurveillance (Spurrell and Lockley 2014).

From all inflammatory cells, macrophages or tumor-associated macrophages (TAMs) seemed to have the most important functions in malignancies (Chen *et al.* 2011). In fact, during tumor development macrophages have mostly M1 phenotypes and promote an immune response against cancer, however, in later-stages of tumor, TAMs frequently exhibit M2-like phenotypes (Sica and Mantovani 2012). M2-like TAMs represent a worst prognostic, since they favor tumor growth and survival through induction of angiogenesis and suppression of cytotoxic activity of T lymphocytes (Tsutsui *et al.* 2005; Zijlmans *et al.* 2006; Mantovani and Sica 2010).

**Figure 5** represents the interaction between innate and adaptive immunity and consequent effects on tumors. It reinforces the controversial effect of immune system, i.e. a set of immune cell (as M1 macrophages, NK, CTLs and Th1 cells) and specific cytokines detect and control tumor progression, while other cells (like M2-macrophages, Th2 and Tregs) and derived cytokines, frequently present at later stages of cancer, contribute to their progression and immune escape.

Nevertheless, the role of immune system in cancer is not so linear because, this is influenced by the tumor microenvironment. Some immune cells are heterogeneous and present high plasticity, altering their phenotypes in response to cancer which explains the frequent inconsistent effects verified. In fact, the protumor or antitumor effects of each immune cell depend on cytokines signaling present in tumor microenvironment and it will determine their mode of differentiation (Lakshmi Narendra *et al.* 2013).



**Figure 5:** Schematic presentation of the role of immune system in cancer. Legend: APC indicates antigen - presenting cell; CTL, cytotoxic T lymphocyte or CD8<sup>+</sup> T cell; NK, natural killer cell; Th, T helper cell; Treg, regulatory T cell and TAA, tumor-associated antigens - adapted from (Lakshmi Narendra *et al.* 2013).

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## **II. State of art**

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### **Xanthones as potential agents in melanoma treatment**

Melanoma mortality rates are a devastating reality and a concern for investigators and physicians. The main reason for the poor outcome is the few treatment options. Standard treatments, chemo and radiotherapy, are inefficient in many cases (Flaherty 2010); alternative therapies as BRAF inhibitors are only useful for patients with the mutation and either for a relative short time (Solit and Rosen 2011); ipilimumab, an immunomodulating antibody that target CTLA4 on activated T cells and inhibit regulatory T cells, exhibit severe toxicity (Hodi *et al.* 2010; Graziani *et al.* 2012).

Clearly, the achievement of an efficient therapeutic agent in melanoma patients is desirable that to act in multiple targets in different biochemical pathways to avoid tumor escape mechanisms (Smalley *et al.* 2006).

Taking into account all biologic activities that have been associated with xanthone derivatives, lead some of them to be interesting candidates for melanoma treatment.

In fact, a great variety of xanthones showed significant antitumor activity against human and murine melanoma cell lines and also *in vivo*. Antitumor activity of xanthones from mangosteen were reported against human melanoma SK-MEL-28 (Wang *et al.* 2011; Wang *et al.* 2012a; Wang *et al.* 2012b; Wang *et al.* 2013) and, most recently, in highly metastatic murine melanoma B16-F10 and in A375 human melanoma (Beninati *et al.* 2014). Similar effects have been reported for other natural xanthones (Azebaze *et al.* 2007) and synthetic xanthones (Valenti *et al.* 1993; Joseph *et al.* 1999; Chen *et al.* 2000; Pedro *et al.* 2002; Sousa *et al.* 2002). In spite of and as far as we know, there are no studies in  $\alpha$ -MG effect on melanoma cells growth by SRB assay.

Natural xanthones has been shown remarkable activities in the improvement of human health, particularly in cancer. However, the biochemical pathways restrict the possible structures of xanthones and do not allow taking the full potential of these compounds. In order to overtake this limitation, some investigations try to find the relationship between structure and biological activities. Pedro *et al.* established some of these important relationships associated to different xanthone compounds and concluded that their effects depend on the nature of substituents, the position where these are placed in the xanthonic nucleus and, sometimes, depends on the cell type. The knowledge of these interactions is an important step for achieve a xanthonic derivative more specific and efficient for particular diseases and decrease the potential side effects of natural xanthones (view chapter V: paper 1).

**Importance of immunomodulation in melanoma treatment**

As previously referred, several evidences highlighted the importance of immunomodulation of tumor microenvironment in the control of melanoma.

The reported immunologic effects of xanthenes are not restricted to few pathways; these compounds influence either innate or adaptive immune system. Their particular effect on NO and cytokines production by macrophages was already attested. Natural xanthenes inhibited NO production and TNF- $\alpha$  secretion by murine macrophages cell lines (Chen *et al.* 2008; Tewtrakul *et al.* 2009; Boonnak *et al.* 2014). In U397 human macrophages-like cell lines, natural compounds decreased the expression of inflammatory genes (as TNF- $\alpha$  and IL-6) and inhibited the Th1 and Th2 differentiation (Bumrungpert *et al.* 2010; Liu *et al.* 2012). Contrariwise, Gutierrez-Orozco *et al.* described an over expression of TNF- $\alpha$  by primary monocyte-derived macrophages treated with alpha-mangostin (Gutierrez-Orozco *et al.* 2013). *In vivo* results confirm the anti-inflammatory activities in several rat models (Shankaranarayan *et al.* 1979; Jang *et al.* 2012). Nevertheless, the experiments in humans, even being scarce, showed inconsistencies and some pro-inflammatory cytokines levels, as IL-1 $\beta$  and complement components, were increased, while other markers of inflammation, as C-reactive protein level, were reduced (Tang *et al.* 2009; Udani *et al.* 2009). NO inhibition in murine macrophages was also described for synthetic xanthenes (Teixeira *et al.* 2005).

In spite of the verified interaction of immune system in melanoma treatment and the potential of xanthenes as antitumor and immunomodulatory agents, any research was based on the direct effect of xanthone in the immune microenvironment of tumor.

Macrophages play an essential role in malignancies (Chen *et al.* 2011) and they are fundamental agents for activation of adaptive immune system (Heidenreich 1999). According to that, study of macrophage involvement on immune microenvironment of tumor appeared to be an important start, in particular to analyze of the xanthenes outcome in malignancies.

Immune system is a well regulated network, T lymphocytes are able to modulate the polarization of macrophages and, in turn, macrophages control the response of T lymphocytes (Hao *et al.* 2012; Sica and Mantovani 2012). According to that reciprocal interaction, lymphocytes may interfere with macrophages response in cancer and the effect of xanthenes on these immune cells functions is also important for antitumor studies.

Effect of xanthenes from mangosteen in cytokines release by lymphocytes from peripheral blood was described only once. Kasemwattanaoj *et al* showed that alpha-mangostin did not induce the production of pro-inflammatory cytokines (TNF- $\alpha$  and IL-1 $\beta$ )

or cytokines of adaptive immunity (IL-2) in lymphocytes (Kasemwattanaoj *et al.* 2013). A research in healthy humans, using 59 mL per day for 30 days of a xanthone-rich mangosteen supplement, increased the ratio of T helper to cytotoxic cells (Tang *et al.* 2009). However, in tumor murine models exposed to gambogic acid, a natural prenylated xanthone, induced an activation of T lymphocytes and a consequent induction of tumor apoptosis (Gu *et al.* 2008).

Other natural xanthenes showed divergent function in lymphocytes proliferation: xanthenes from *Calophyllum teysmannii* var. *inuphyloide* inhibit their proliferation (Gonzalez *et al.* 1999), while xanthenes from *Gentiana barbata* activated their proliferation and induced the formation of specific cytolytic T-killers (Nikolaeva *et al.* 2004). Some synthetic xanthenes also showed anti-proliferative potential in lymphocytes isolated from peripheral blood (Pedro *et al.* 2002; Sousa *et al.* 2002).

The controversial data concerning the immunomodulatory activity of xanthenes needs to be clarified in order to understand the potential of these compounds in cancer treatment, namely in melanoma due to its immunogenic character.

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### **III. Objectives and outline**

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### III. Objectives and outline

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The main goal of this project was the evaluation of two xanthone derivatives, alpha-mangostin and 1,2-dihydroxyxanthone, in modulation of macrophages activity as well as the result in cytotoxic effect on melanoma cell line, since macrophages are key cells in tumor immune microenvironment.

Therefore, the following were required:

- Evaluate the antitumor activity of referred compounds in the growth of A375-C5 human melanoma cell line by SRB assay;
- Measure the effects of xanthone-induced macrophage-conditioned medium on the proliferation of the human melanoma cell line A375-C5 by SRB assay;
- Compare the effects of the compounds and the macrophages-conditioned medium on the growth of A375-C5 cell line;
- Evaluate the interference of the compounds with NO production by LPS-stimulated RAW 264.7 murine macrophages, using Griess reagent;
- Access the impact of compounds on the cytokine expression profile by PMA-differentiated THP-1 cells and their polarization into M1 (IL-1 and TNF- $\alpha$ ) or M2 (IL-10 and TGF- $\beta$ 1) phenotype, by an ELISA kit;
- Determine the antiproliferative effect of compounds on PHA stimulated human mononuclear cells by MTT assay and their interference with cytokines expression, using an ELISA kit.
- Define THP-1, RAW 264.7 and human mononuclear cells viability after treatment with the compounds by MTT-assay.



## **IV. Materials and Methods**

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### Chemicals and reagents

Reagents used in cell culture, including RPMI-1640, DMEM medium, and fetal bovine serum (FBS) were purchased from Gibco® Invitrogen Co. (Barcelona, Spain), 2-mercaptoethanol for synthesis was obtained from Merck (Whitehouse Station, NJ, USA), Glutamine cell culture grade and Dimethyl sulfoxide (DMSO) from Applichem (Darmstadt, Germany). N.N-Dimethylformamide (DMF) was acquiring from Spectramol Science Incorporated.

Reagents used in SRB assay as Trichloroacetic acid (TCA) and Acetic acid glacial 99-100% were purchased from Prolabo (Oeiras, Portugal) and CHEM-LAB (Zedelgem, Belgium), respectively.

IL-1 $\beta$ , IL-10, TNF- $\alpha$  and TGF- $\beta$ 1 ELISA Ready-Set-Go Kits were acquired from eBioscience (San Diego, CA, USA).

All other chemicals of analytical grade used in the experiments and unless otherwise indicated were purchased from Sigma-Aldrich® (St. Louis, MO, USA).

### Xanthones

Alpha-mangostin ( $\alpha$ -MG) was obtained from Sigma-Aldrich® (ref.M3824) and 1,2-dihydroxyxanthone (1,2-DHX) was synthesized in Laboratory of Organic and Pharmaceutic Chemistry (Faculty of Pharmacy, University of Porto) and in CEQUIMED (Centro de Química Medicinal; University of Porto) as previously described (Gales *et al.* 2001)

Stock solution of compounds kept at -20°C in DMSO. Just prior each assay, stock solutions were diluted in appropriate complete medium to the maximum concentration desired to test and 1:2 dilutions were serially prepared.

### Cell lines

A375-C5 human malignant melanoma cell line and RAW 264.7 mouse macrophage cell line are part of CEQUIMED cell culture collection. THP-1 human monocyte cell line was a courtesy of Rui Appelberg.

A375-C5 was routinely maintained in 25 cm<sup>2</sup> flasks containing RPMI-1640 medium supplemented with 10% fetal bovine serum (FBS) and 1  $\mu$ L mL<sup>-1</sup> Gentamycin at 37°C in a humidified incubator with 5% CO<sub>2</sub>. For the THP-1 cell line the culture medium just described was also supplemented with 0.05 mM 2-mercaptoethanol. RAW 264.7 cell line was maintained in 75 cm<sup>2</sup> flasks containing DMEM medium with the same percentage of FBS and gentamycin, and at the same conditions.

Cell lines were sub-cultured every 2 or 3 days by trypsinization (A375-C5), replacement of the medium (THP-1) or scraping (RAW 264.7) and used for each experiment when the cells were in exponential growth.

Human mononuclear cells were isolated from peripheral blood of healthy volunteers by Histopaque-1077 density centrifugation. All volunteers assign an informed consent. Mononuclear cells were resuspended in RPMI medium supplemented with 10% FBS and  $1 \mu\text{L mL}^{-1}$  gentamycin.

### Cell growth assay

The effect of  $\alpha$ -MG on the growth of A375-C5 cell line was determined by sulphorrodamine B (SRB) method adopted by the National Cancer Institute (NCI, USA) (Monks *et al.* 1991) and as already described by our group (Pedro *et al.* 2002; Gupta *et al.* 2008).

A375-C5 cell line was plated into 96-well flat-bottom tissue culture plates at a concentration of  $7,5 \times 10^4$  cells  $\text{mL}^{-1}$  in complete culture medium and incubated for 24 h in a 5%  $\text{CO}_2$  humidified incubator (HERA cell 150, Heraeus) at  $37^\circ\text{C}$ . Once adherent, cells of one of the plates were immediately fixed for a no-growth control (designed Tzero plate) to determine the basal protein amount. Simultaneously, cell of test plates were treated with serial dilutions of xanthenes and incubated for another 48h.

Cells were then fixed with 50  $\mu\text{L}$  of 50% TCA solution and incubated for 1h at  $4^\circ\text{C}$ . Cells were washed five times with deionized water and allowed to dry. Fixed cells were exposed to 50  $\mu\text{L}$  SRB dye (0,4% w/v in 1% acetic acid) for 30 minutes at room temperature. The unbound dye was removed by wash five times with 1% (v/v) acetic acid manually. Once completely dried, 100  $\mu\text{L}$  of 10 mM Tris base solution was added and left for 30 minutes at room temperature to solubilize SRB. The absorbance was measured in an ELISA reader (Stat Fax 3200, Awareness Technology). Doxorubicin (1:10 dilutions) was used as positive control.

Growth inhibition of 50% ( $\text{GI}_{50}$ ) was calculated by comparing, after 48 h, the absorbance of the xanthone-treated cells with the absorbance of Tzero plate. Lower absorbance after 48 h of treatment indicate occurrence of cell death instead of growth arrest (Monks *et al.* 1991).

### **Antitumor effect of conditioned macrophages culture medium**

THP-1 human monocyte cell line is a simple, suitable and reliable model to study monocytes and macrophages functions or responses and the possible effects from external stimuli as new drugs. Differentiation of this cell line in mature THP-1 monocyte-derived macrophages can be achieved using phorbol-12-myristate-13-acetate (PMA), the most efficient differentiation agent in this case (Chanput *et al.* 2012; Chanput *et al.* 2014).

THP-1 cell line was plated at  $1 \times 10^5$  cells  $\text{mL}^{-1}$  in 96-wells flat-bottom plates and differentiated into THP-1 macrophages by adding 50  $\mu\text{L}$  of 10 ng  $\text{mL}^{-1}$  PMA for 72h in a humidified incubator at 37°C and 5%  $\text{CO}_2$  (He *et al.* 2012). Once differentiated, cells were washed twice with complete medium and they were incubated for another 24h in culture medium to obtain the resting stages of macrophages (Chanput *et al.* 2012; Chanput *et al.* 2014). Then, they were stimulated by 100  $\mu\text{L}$  of a solution of 1  $\mu\text{g mL}^{-1}$  LPS, simultaneously treated with the xanthone in test and incubated for 24h at 37°C in a 5%  $\text{CO}_2$  humidified incubator (He *et al.* 2012). Plates were centrifuged to deposit the compounds and half of the volume of each well was added to A375-C5 adherent cells, previously plated as described in section “cell growth assay”. After a 48h incubation, SRB assay was performed, absorbance was measured and cell-growth inhibition determined as just described (Pedro *et al.* 2002; Gupta *et al.* 2008).

### **NO production assay**

The effect of the different compounds in nitric oxide (NO) production by RAW 264.7 was determined by the Griess reaction as previously described by our group (Teixeira *et al.* 2005). RAW 264.7 ( $1 \times 10^6$  cells  $\text{mL}^{-1}$ ) were plated on 96-well flat-bottom plates and allowed to adhere for 2h. Supernatants were removed and replaced by 100  $\mu\text{L}$  of fresh medium containing 1.5  $\mu\text{g mL}^{-1}$  LPS in order to induce iNOS synthesis by macrophages. The cells were also treated with 100  $\mu\text{L}$  of each xanthone concentration (1:2 dilution) and incubated for 24h at 37°C in a 5%  $\text{CO}_2$  humidified incubator. Then, 100  $\mu\text{L}$  of supernatants were transferred to a new 96-well flat-bottom plates, 100  $\mu\text{L}$  of Griess reagent (some quantities of a solution of 1% w/v sulphanilamide in 5% v/v phosphoric acid and a solution of 0.1% w/v naphthylethylenediamide in deionized water) was added and it was incubated for 10 min at room temperature (Green *et al.* 1982). Nitrite production was quantified by spectrophotometry at 550nm in an ELISA reader. *N*-nitro-L-arginine methyl ester (L-NAME) (inhibitor of iNOS activity) and Dexamethasone (inhibitor of iNOS expression) were used as positive controls. Inhibition of 50% NO production was measured by comparing percentage of NO in treated cells and in non-treated cells.

Compounds were also added 6h or 14h after LPS stimulation and significant differences detected in NO production between the different moments when xanthenes were added, works to infer if compounds act in iNOS expression and/or activity.

### **NO scavenging assay**

To discard NO scavenging effect by xanthenes, nitrite was chemically generated, as previously described (Teixeira *et al.* 2005). 50  $\mu$ L of sodium nitopruesside (5 mM) in PBS was added to xanthone dilution and incubated for 150 min at 25°C. Griess reagent was added and nitrite accumulation was quantified. Sodium nitopruesside in PBS (100% production) and in ethanol/PBS (9:1; 0% production) were used as controls.

Scavenging activity, determined in terms of percentage of nitrite formation, was present when the percentage of nitrite formed in the presence of the sample was less than 70% of the sodium nitopruesside control.

### **Human mononuclear cells MTT-proliferation assay**

Human mononuclear cells (50  $\mu$ L of a concentration of  $2-3 \times 10^6$  cell  $\text{mL}^{-1}$ ) were plated in 96-well flat-bottom plates, treated with 50  $\mu$ L of serial dilutions of  $\alpha$ -MG and stimulated with 50  $\mu$ L of PHA (Phytohaemagglutinin; used as a mitogen to trigger T-lymphocyte cell division) ( $10 \mu\text{g mL}^{-1}$ ) and incubated for 96h at 37°C in a 5% CO<sub>2</sub> humidified incubator. After incubation, 25  $\mu$ L of 1 mg  $\text{mL}^{-1}$  MTT solution (3-(4,5-Dimethylthiazol-2-yl)-2,5-Diphenyltetrazolium Bromide) was added to cells. After 4h, the formazan product was solubilized overnight with a sodium lauryl sulfate/N,N-dimethylformamide (SDS/DMF) solution and absorbance measured at 550 nm (Pedro *et al.* 2002; Cerqueira *et al.* 2003; Teixeira *et al.* 2005). Cyclosporin A was used as positive control. Lymphocyte toxicity, determined in terms of the percentage of viable cells, was present when the viability of the treated cells, compared with that of the non-treated control cells, was less than 70%.

### **Cytokine quantification**

Culture supernatants of THP-1 differentiated, stimulated and treated cells, as previously described in section "Antitumor effect of conditioned macrophages culture medium", were storage at - 20°C until cytokine analyses.

Levels of interleukin-1 $\beta$  (IL-1 $\beta$ ), interleukin-10 (IL-10), tumor necrosis factor- $\alpha$  (TNF- $\alpha$ ) and transforming growth Factor- $\beta$ 1 (TGF- $\beta$ 1) in culture supernatants were quantified by

## IV. Materials and Methods

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ELISA, using ELISA Ready-SET-Go kit (affymetrix, ebioscience) according to manufacturers' instructions.

The same cytokines were also evaluated in supernatants of human mononuclear cells treated with xanthonones for 48h (Lou *et al.* 2013; Wang *et al.* 2013), incubation with PHA stimulus and three concentrations of  $\alpha$ -MG.

Interference of both compounds or  $\alpha$ -MG in cytokines expression by THP-1 and lymphocytes, respectively, was accessed comparing treated with non-treated cells.

### MTT-viability assay

Viability assays were performed as described elsewhere by our group (Cerqueira *et al.* 2003; Teixeira *et al.* 2005).

For lymphocytes, MTT-viability assay was performed after 24h of cells treatment with xanthonones. For all the other cells, viability assay was executed at the end of the experiments to determine the effect of the compound on the cell line.

Briefly, to cells supernatants, 25  $\mu$ L of MTT solution was added followed by 4 h incubation at 37°C in a 5% CO<sub>2</sub> humidified incubator. After incubation, 50  $\mu$ L of SDS/DMF solution was added and absorbance measured at 550 nm (Pedro *et al.* 2002; Cerqueira *et al.* 2003; Teixeira *et al.* 2005).

Cell toxicity was considered when the viability of the exposed cells was less than 70%.

### Statistical analysis

Except otherwise stated, results are the mean  $\pm$  SEM of at least three independent experiments, performed in duplicate.

Statistical analysis was performed with SPSS for Windows (version 20.0). Statistical significance between two mean was calculated by Mann-Whitney Test and it is considered for p values less than 0.05.

### Ethics

Ethics approved was obtained by the Ethic Comity of University Fernando Pessoa.

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# **V. Natural Xanthones: alpha-mangostin**

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Papers 1 and 2

**Paper 1 (submitted to Fitoterapia in 29-09-2014): Mangosteen extract: “angel or demon”? The role of xanthonenes of mangosteen in potential adverse effects**

## **Mangosteen extract: “angel or demon”? The role of xanthonenes of mangosteen in potential adverse effects**

**Viviana Silva<sup>a, b</sup>; Rui Medeiros<sup>a, c, d, e</sup>; Fátima Cerqueira<sup>b, d, f, \*</sup> & Madalena Pinto<sup>f, g, \*</sup>**

<sup>a</sup> Instituto de Ciências Biomédicas Abel Salazar (ICBAS), University of Porto, Rua Jorge Viterbo Ferreira, 228, 4050-313 Porto, Portugal;

<sup>b</sup> FP-ENAS/CEBIMED, Faculty of Health Sciences, University of Fernando Pessoa, Ruas Carlos da Maia, 296, 4200-150 Porto, Portugal;

<sup>c</sup> Molecular Oncology GRP and Virology LB, Portuguese Institute of Oncology-Porto, Rua Dr. António Bernardino de Almeida, 4200-072 Porto, Portugal;

<sup>d</sup> Faculty of Health Sciences of Fernando Pessoa University, Ruas Carlos da Maia, 296, 4200-150 Porto, Portugal;

<sup>e</sup> LPCC, Portuguese League Against Cancer, Regional Centre of the North, Estrada Interior da Circunvalação, 6657, 4200- 177 Porto, Portugal.

<sup>f</sup> Centro de Química Medicinal da Universidade do Porto (CEQUIMED-UP) and Laboratory of organic and Pharmaceutical Chemistry, Department of Chemical Sciences, Faculty of Pharmacy, University of Porto, Rua Jorge Viterbo Ferreira, 228, 4050-313 Porto, Portugal;

<sup>g</sup> Centro Interdisciplinar de Investigação Marinha e Ambiental (CIIMAR), Universidade do Porto, Porto, Portugal;

\* Corresponding authors:

F. Cerqueira

Faculdade de Ciências da Saúde, Universidade Fernando Pessoa, Ruas Carlos da Maia, 296, 4200-150 Porto, Portugal

E-mail: fatimaf@ufp.edu.pt

Phone: +351 225074630

Fax: +351 225074637

M. Pinto

Laboratório de Química Orgânica e Farmacêutica, Departamento de Ciências Químicas, Faculdade de Farmácia, Universidade do Porto, Rua Jorge Viterbo Ferreira, 228, 4050-313 Porto, Portugal

E-mail: madalena@ff.up.pt

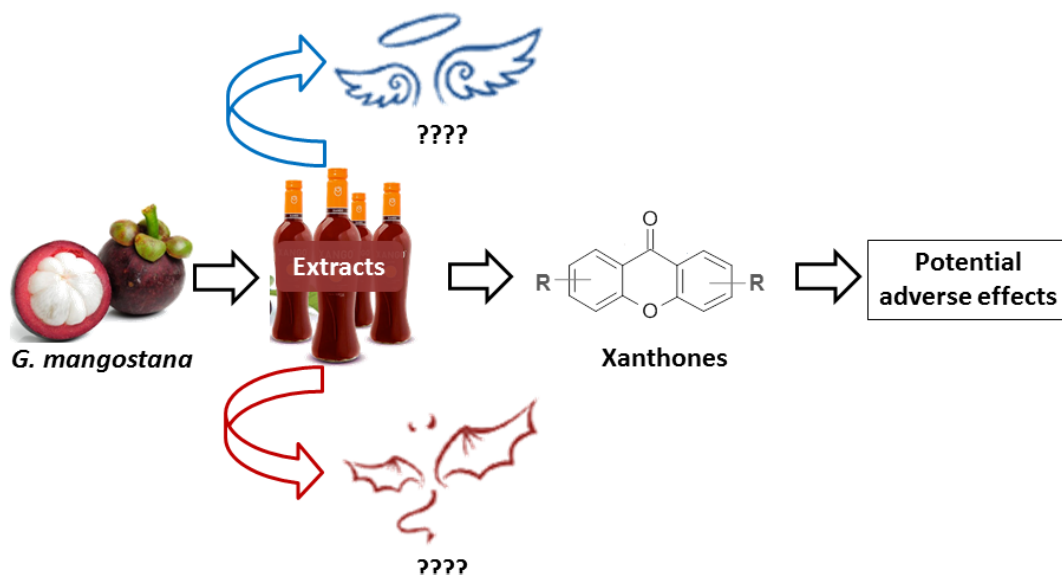
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Fax: +351 226093390

## Abstract

Extracts and derived products of the fruit of the mangosteen tree (*Garcinia mangostana* Linn) are among the top-selling dietary supplements due to a great variety of proclaimed pharmacological/biological activities, namely anti-inflammatory, antioxidant, anticancer, among others. This fruit (mangosteen) comprises a huge variety of compounds, being xanthenes the main secondary metabolites and the major responsible for the mangosteen declared beneficial characteristics. The knowledge about effects of xanthenes from mangosteen at cellular and molecular level has been increasing and, despite all health improvement indications, have many controversial outcomes. The present review focus on potential adverse effects that can be anticipated by continuous and/or excessive use of these products. In fact, xanthenes from mangosteen can interfere with important physiologic functions as immunity, cell cycle progression, detoxification and response to serotonin, and may change the metabolism of several drugs by altering the activity of drug-metabolizing enzymes. Finally, the discussion reinforces the importance of ample studies to assure the safety and efficacy of mangosteen derived products for human consumption.

## Graphical abstract



**Key words:** Adverse effects; Dietary supplements; *Garcinia mangostana* Linn; Mangosteen; Xanthenes;

### Abbreviations

AP-1 – activator protein 1  
CAT – catalase  
cdc2 – cell division cycle protein 2 homolog  
CDK4 – cyclin-dependent kinases 4  
CHEK2 – checkpoint kinase 2  
COX – cyclooxygenase  
CPK – creatine phosphokinase  
CYP – cytochrome P450;  
eNOS – endothelial nitric oxide synthases  
GOT – glutamate oxaloacetate transaminase  
GPT – glutamate pyruvate transaminase  
GPx – glutathione peroxidase  
GSH – glutathione  
GST – glutathione-S-transferase  
IL – interleukins;  
iNOS – inducible nitric oxide synthases  
LDH – lactate dehydrogenase  
LPS – lipopolysaccharides  
MAPKs – mitogen-activated protein kinases  
MCP-1 – monocyte chemoattractant protein-1  
MDM2 – murine double minute 2  
NF- $\kappa$ B – nuclear factor kappa B  
NO – nitric oxide  
p21<sup>cip1</sup> – cyclin-dependent kinase inhibitor 1  
p27 – cyclin-dependent kinase inhibitor  
p53 – tumor protein p53  
SOD – superoxide dismutase  
STAT-1 – signal transducer and activator of transcription 1  
TLR-2 – Toll-like receptor-2  
TNF- $\alpha$  – tumour necrosis factor  $\alpha$

### 1. Introduction

The use of plants, parts of plants and isolated secondary metabolites for the prevention and treatment of various illnesses has been time long-established. *Garcinia mangostana* Linn is a tropical tree that belongs to the family Clusiaceae, genus *Garcinia* has been cultivated for centuries in Southeast Asia and different parts, mostly fruit hull, bark and roots, have been used in folk medicine to treat a great variety of conditions like infections, wounds, inflammations, dysenteries, among others (Obolskiy *et al.* 2009; Gutierrez-Orozco and Failla 2013) and is not an exception in this area. Its fruit, mangosteen, comprises a huge variety of compounds including xanthenes, flavonoids, triterpenoids, benzophenones, terpenes, anthocyanins, tannins, phenols as well as several vitamins (Kosem *et al.* 2007; Chin and Kinghorn 2008). In spite of that, xanthenes are the most representative secondary metabolites of *G. mangostana* with associated medicinal properties (Chin and Kinghorn 2008; Obolskiy *et al.* 2009).

The interest in mangosteen, especially in xanthone derivatives may be illustrated by a few important reviews (Pinto *et al.* 2005; Obolskiy *et al.* 2009; Shan *et al.* 2011; Gutierrez-Orozco and Failla 2013). A great variety of biological/pharmacological properties, as antioxidant (Jung *et al.* 2006), antitumor (Matsumoto *et al.* 2003; Moongkarndi *et al.* 2004; Suksamrarn *et al.* 2006; Nakagawa *et al.* 2007; Akao *et al.* 2008; Watanapokasin *et al.* 2010; Chao *et al.* 2011; Krajarng *et al.* 2011; Wang *et al.* 2011; Yoo *et al.* 2011; Johnson *et al.* 2012; Chitchumroonchokchai *et al.* 2013; Leão *et al.* 2013; Wang *et al.* 2013), immunomodulatory (Tang *et al.* 2009), cardioprotective (Shankaranarayan *et al.* 1979; Devi Sampath and Vijayaraghavan 2007), neuroprotective (Weecharangsan *et al.* 2006), antiallergic (Nakatani *et al.* 2002a), antimicrobial (Chen *et al.* 1996; Suksamrarn *et al.* 2003; Sakagami *et al.* 2005; Kaomongkolgit *et al.* 2009) analgesic (Cui *et al.* 2010) and anti-inflammatory (Nakatani *et al.* 2002b; Chen *et al.* 2008) have been described.

The remarkable proclaimed advantages of this plant called the attention of some industries that soon started to commercialize a large number of food supplements, beverages and others food products containing mangosteen and occasionally others juices, advertising for their multiples benefits for human health (Garritty *et al.* 2004).

Although herbal medicinal products have been generally considered as relatively low risk by the public, potential damage for health can occurs. Very often attention is not given to the fact that toxicity also can be associated with natural products, by themselves or by contamination, adulteration, plant misidentification, and interactions with other herbal products or drugs (Marcason 2006; Jordan *et al.* 2010; Ibrahim *et al.*) leading to an increased toxicity or loss of therapeutic efficacy (Colalto 2010).

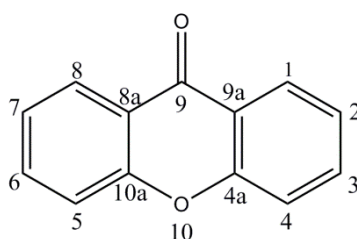
During last decades increased reports on adverse effects regulatory/monitoring agencies in many countries have given alerts for these kind of issues (Shi and Klotz 2012; Sahoo and Manchikanti 2013), leading to increased attention by the scientific community involved in the areas of use of medicinal plants (Foti and Wahlstrom 2008).

The present review emerged from research concerning cellular and molecular mechanisms modulated by xanthenes from mangosteen and focuses on potential adverse effects of those xanthenes on human physiological pathways. We considered this approach is critical because the intake of such products has been increasing even without any clinical trials that attest their safety or efficacy to human use.

### 2. Xanthenes from mangosteen

Before discussing the interference of xanthenes from mangosteen in the human body that could lead to damages, it is important to understand some chemical characteristics of these metabolites.

Xanthenes are a class of heterocyclic compounds characterized by a dibenzo- $\gamma$ -pyrone nucleus (Pedro *et al.* 2002; Pinto *et al.* 2005; Pinto and Castanheiro 2009; Mazimba *et al.* 2013). They are composed by a unique chemical scaffold, the tricyclic aromatic system ( $C_6-C_3-C_6$ ) named xanthene-9-one (**Figure 6**) (Pinto *et al.* 2005; Teixeira *et al.* 2005; Obolskiy *et al.* 2009; Pinto and Castanheiro 2009).

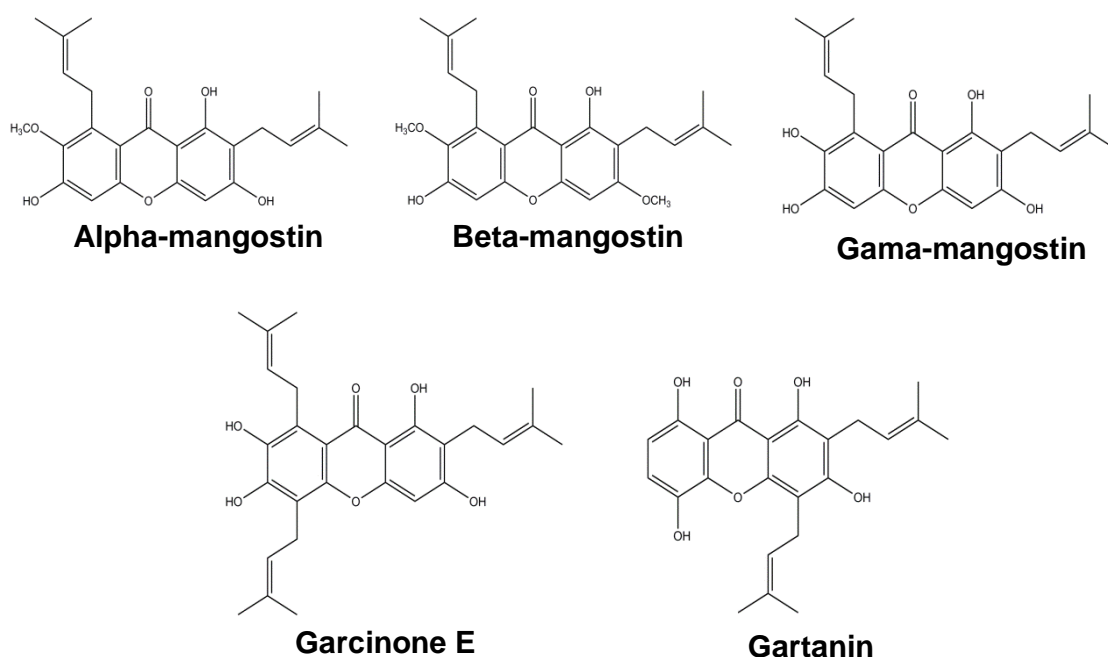


**Figure 6** Xanthone basic skeleton

Natural xanthenes can be categorized, depending on the nature of the substituents, into simple oxygenated, glycosylated, prenylated and their derivatives (xanthone dimers, xanthonolignoids and miscellaneous) (Pinto *et al.* 2005; Pinto and Castanheiro 2009).

The main xanthenes isolated from the different parts of *G. mangostana* are  $\alpha$ - and  $\gamma$ -mangostin, but besides these more than 60 compounds were identified, being the most abundant and frequently studied compounds represented in **Figure 7** (Chin and Kinghorn 2008; Obolskiy *et al.* 2009; Pinto and Castanheiro 2009; Shan *et al.* 2011; Leão *et al.* 2013).

Xanthenes of the mangosteen extract are subjected to metabolic clearance mediated essentially by multiple cytochrome P450 (CYP) isoforms. CYP1A2 metabolizes  $\alpha$ -mangostin, 9-hydroxycalabaxanthenes and 8-deoxygartanin;  $\beta$ -Mangostin is mainly metabolized by CYP2C9 and while other isoforms, including CYP2B6, CYP2C19, CYP3A4 and CYP2D6 get a minor contribution; gartanin is as well metabolized by CYP1A2, CYP2B6 and CYP2D6; 3-isomangostin appeared to be only metabolized by CYP3A4 (Foti *et al.* 2009). However, it is important to emphasize that the metabolism can vary if it occurs in normal or malignant cells (Gutierrez-Orozco and Failla 2013).



**Figure 7** Structure of the main xanthenes from mangosteen

### 3. Potential adverse effects associated with mangosteen

Taking in consideration that herbal medicines are used as whole plants or plant extracts, consisting in combinations of many substances, often with undefined composition, the toxicological assessment of these products is not an easy task, even though the evaluation of the toxicity of the isolated metabolites can be considered routine. If this happens it will be of great interest to correlate the toxicity of these compounds with the extract. Although this is not the usual state, there are already examples of this type of correlation (Jordan *et al.* 2010).

With *Garcinia mangostana* this kind of study has not been done and one of the purposes of this review in the next chapters is to point to the influence of the potential toxicity of xanthenes from mangosteen, in order to give clues for a future correlation with the adverse effects associated with mangosteen extracts.

#### 3.1. Immunomodulation

Nowadays, many induced alterations on the immune system has been described and associated with potential benefits for many illnesses as diabetes, cardiac pathologies, cancer and autoimmune diseases (Frangogiannis *et al.* 2002; Sampath and Vijayaragavan 2008; Bumrungpert *et al.* 2009a; Dougan and Dranoff 2009; Hanahan and Weinberg 2011; Singh *et al.* 2012). However, the immune system comprises large and complex pathways with antagonist and/or synergic functions that

change according to several conditions as age, gender, stress, environment, among others. Consequently, the immune response is hard to predict and interpret (Cohen *et al.* 1991; Lesourd 2002; Beery 2003; Srinivasan *et al.* 2005). In cancer, for example, the innate and adaptive immunity have a dual effect, either preventing tumour progression or stimulating their growth, invasiveness and metastatic activity (Dranoff 2004; Gutkin and Shurin 2014).

The immune function is essential for organism homeostasis, responding to exogenous and endogenous risk signals (Matzinger 2002). Therefore, the uncontrolled and unmeasured use of antiphlogistic agents, as mangosteen products, may cause severe adverse effects in consumers.

Exploring recent reports of immunomodulation mediated by these products, we noticed that many of these possibly trigger body deregulation.

The inhibition of pro-inflammatory genes triggered by lipopolysaccharides (LPS) was recurrently described and related with xanthones exposure in different cell lines. Many authors reported a decrease in gene expression of tumour necrosis factor  $\alpha$  (TNF- $\alpha$ ), several interleukins (IL-1 $\beta$ , IL-6, IL-8), monocyte chemoattractant protein-1 (MCP-1) and Toll-like receptor-2 (TLR-2) in primary cultures of human adipocytes, human U937 macrophages-like cells and murine RAW 264.7 macrophage-like cells treated with  $\alpha$ - and/or  $\gamma$ -mangostin (Sampath and Vijayaragavan 2008; Bumrungpert *et al.* 2009a; Bumrungpert *et al.* 2009b; Tewtrakul *et al.* 2009; Bumrungpert *et al.* 2010; Liu *et al.* 2012; Gutierrez-Orozco *et al.* 2013). But this effect is not considered to be exclusive of macrophages and adipocytes, Gutierrez-Orozco *et al.* detected similar inhibition, mediated by  $\alpha$ -mangostin, in human monocyte cell line (THP-1) and different cancer cell lines (HepG2, Caco-2 HTB-37, and HT-29) (Gutierrez-Orozco *et al.* 2013). The described alterations on pro-inflammatory genes seems to be associated with the interference in some immune pathways, those involving conventional mitogen-activated protein kinases (MAPKs), activator protein 1 (AP-1), signal transducer and activator of transcription 1 (STAT-1) and nuclear factor kappa B (NF- $\kappa$ B) (Sampath and Vijayaragavan 2008; Bumrungpert *et al.* 2009a; Tewtrakul *et al.* 2009; Liu *et al.* 2012). These protein cascades are also involved in stress response and participate in crosstalk with other signal pathways (Ghosh *et al.* 1998; Ramana *et al.* 2000; Chang and Karin 2001; Li and Verma 2002; Bonizzi and Karin 2004; Wada and Penninger 2004) which means that the effect of xanthones from mangosteen, namely  $\alpha$ - and/or  $\gamma$ -mangostin, will probably not be confined to immune system modulation.



Additional restriction on immunity cells action seems to occur at basophils and mast cells level. Xanthonic compounds ( $\alpha$ -,  $\beta$ - and/or  $\gamma$ -mangostin) and extracts of mangosteen reduce degranulation of these cells preventing histamine release possibly by interfering with downstream signals (Nakatani *et al.* 2002a; Itoh *et al.* 2008). Moreover, the histaminergic receptors are blocked by  $\alpha$  and  $\gamma$ -mangostin (Chairungsrilerd *et al.* 1996). As consequence of this blockage, these compounds deregulate the interaction histamine-receptors, a binding implicated in some pathological functions including cancer and intestinal ischemia promotion (Kusche *et al.* 1980; Raithel *et al.* 1998), along with several vital functions, as neurotransmission, immunomodulation, haematopoiesis, wound healing and day-night rhythm (Maintz and Novak 2007). According to that, a careful medical follow-up is needed to prevent possible complications.

Anti-inflammatory activity of mangosteen extracts and  $\alpha$ - and/or  $\gamma$ -mangostin have been still linked with enzymatic alterations, namely through inhibition of the mRNA expression and/or activity of cyclooxygenases 1 and 2 (COX-1 and COX-2) and/or inducible nitric oxide synthases (iNOS) (Nakatani *et al.* 2002b; Nakatani *et al.* 2004; Chen *et al.* 2008; Tewtrakul *et al.* 2009). COX-1 and COX-2 are involved in physiologic processes as well as pathophysiologic events. COX-1 is traditionally associated with homeostasis functions, including gastric cytoprotection and haemostasis. COX-2 is connected to inflammation and tumourigenesis. In spite of this, complementary functions between the two enzymes and variations on their actions depending of the specific target organs were reported (Masferrer *et al.* 1994; Dubois *et al.* 1998; Marnett 2009; Rouzer and Marnett 2009). Inducible nitric oxide synthases (iNOS) is responsive for nitric oxide (NO) production after stimulation by immunological stimuli, being an intermediary of inflammatory response, however the excess or insufficiency of nitric oxide production can cause equally cell damage (Gross and Wolin 1995). In cancer, NO seems to have dual effects: multiple reports has associated NO with cancer progression while others has defended the therapeutic benefits of NO donors in different cell lines and organisms (Wink *et al.* 1991; Lala and Orucevic 1998; Wink *et al.* 1998; Ziche and Morbidelli 2000; Lala and Chakraborty 2001; Choi *et al.* 2002; Mocellin *et al.* 2007; Coulter *et al.* 2008; Yasuda 2008).

Considering the importance of all these enzymes in biochemical and physiological events the role of xanthenes contained in mangosteen extracts should be carefully evaluated.

### 3.2. Cell Cycle arrest

Cell cycle is a sequence of highly regulated events essential for all living beings. In multi-cell organisms are necessary several rounds of cell division to create a new individual and during their lifetime it is a crucial mechanism for maintaining appropriate cellular and tissue condition once cell death and damages are constant (Alberts 2008).

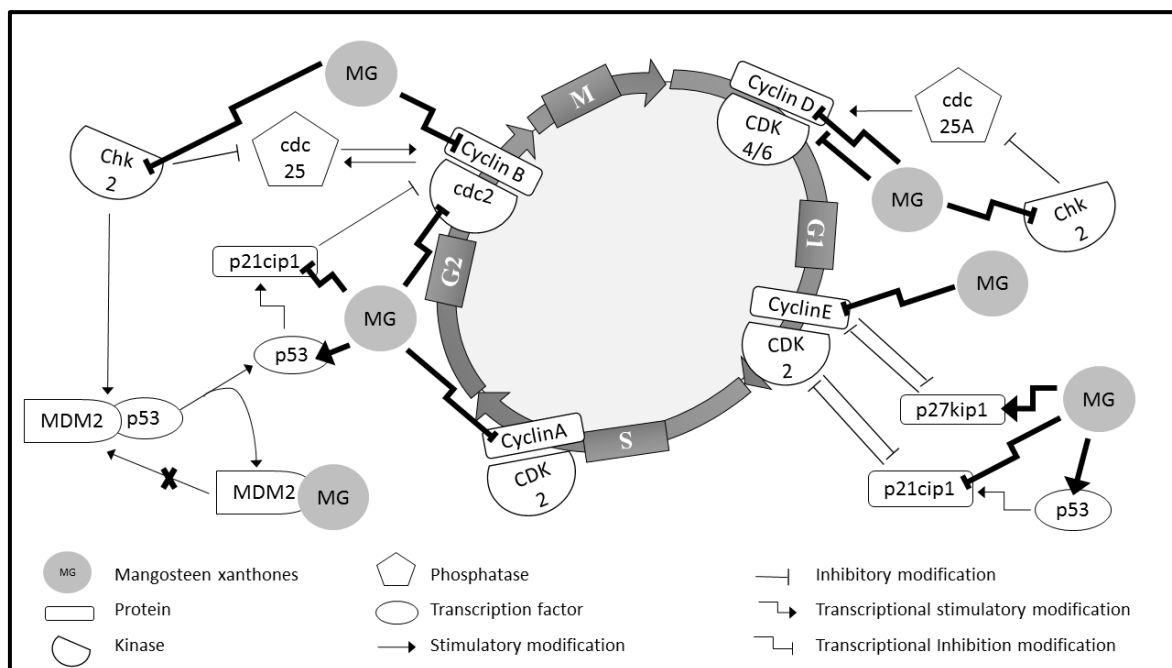
Mechanisms of action of some xanthenes from mangosteen are frequently associated with cell cycle arrest. Since the cell cycle deregulation is a hallmark of cancer and one of the earliest processes of oncogenesis (Syljuasen *et al.* 1999; Hanahan and Weinberg 2011), several authors purposed and proved this effect of xanthenes in different tumor (Matsumoto *et al.* 2005; Wang *et al.* 2011; Johnson *et al.* 2012; Kurose *et al.* 2012; Leão *et al.* 2013).

Matsumoto *et al.* related that xanthenes induced cell-cycle arrest in a human colon cancer cell line. Mangostins  $\alpha$  and  $\beta$  up-regulated p27 and down-regulated cyclin A, B1, D1 and E1 and cdc2, phospho-cdc2 (tyrosine 15) expression and consequently act at G1-phase, blocking the division progression. However, while some authors affirm that  $\gamma$ -mangostin acts at S-phase in human colon cancer (Matsumoto *et al.* 2005), others indicate a G1-phase arrest in a human melanoma cell line (Wang *et al.* 2011).

Johnson *et al.* reported that a prostate cancer cell line treated with  $\alpha$ -mangostin inhibited cyclins/cyclin-dependent kinases 4 (CDK4) binding, an vital protein complex to cell cycle progression from G1 to S-phase (Johnson *et al.* 2012). According to that, Kurose *et al.* described an up-regulation of p21<sup>cip1</sup> and CHEK2 (regulator factors of G1-phase) in breast cancer model after treatment with  $\alpha$ -mangostin (Kurose *et al.* 2012).

The inhibition of p53-MDM2 interaction due to a potential binding between  $\alpha$ -mangostin and MDM2 was also detected by some of our group (Leão *et al.* 2013). Free p53 stops cell division at both G1 and G2 checkpoints (Agarwal *et al.* 1995). In accordance with our finds, further authors have reported enhance of p53 levels after colon and bladder cancer treatment with  $\alpha$ -mangostin and gartanin, respectively (Aisha *et al.* 2012; Liu *et al.* 2013).

In summary, some xanthenes from mangosteen are potent inhibitors of cell cycle progression by blocking the division at different levels in different cell models, as illustrated in **Figure 8**.



**Figure 8** Effect of xanthenes of mangosteen at different stages of cell cycle regulation. Legend: cdc indicate cell division cycle protein; CDK, cyclin-dependent kinases; Chk or CHEK2, checkpoint kinase; G1, gap phase; G2, gap phase 2; M, mitosis phase; MDM2, murine double minute 2; MG, mangosteen xanthenes; p21cip1, cyclin-dependent kinase inhibitor 1; p27kip1, cyclin-dependent kinase inhibitor; p53, tumor protein p53; S, DNA synthesis phase.

Besides the importance of that effect in cancer treatment, normal cells have to be replaced to keep the tissue homeostasis, specially, tissues with constitutive division. Labile tissues as hematopoietic cells in the bone marrow and the majority of epithelial tissue (e.g., skin, oral cavity, vagina and cervix, salivary glands, pancreas, biliary and gastrointestinal tracts, uterus, fallopian tubes and urinary tract) must have a functional cell-cycle to replace the lost cells in injuries and aging process (Kumar *et al.* 2012).

Hence that, xanthenes of mangosteen referred above (mangostins  $\alpha$ ,  $\beta$ ,  $\gamma$  and gartanin) as cell cycle arrest agents may interfere with normal cells replacement.

### 3.3. Antioxidant effect

Oxidative stress is a natural process implicated in cell damage or death and it has been associated with several human pathologies, like cardiac and neurodegenerative diseases and cancer (Valko *et al.* 2007). The prevention of such stress through antioxidant products has been extensively study, however the potential benefits or risks associated are still ambiguous (Stanner *et al.* 2004; Bjelakovic *et al.* 2013). In oncologic patients the advantages of antioxidant use are unclear. Some studies admitted survival gains or no interference with chemo or radiotherapy, while others

suggest a reduction of the therapeutic effect of chemo or radiotherapy in patients simultaneous using antioxidant products (D'Andrea 2005; Moss 2007; Lawenda *et al.* 2008; Block *et al.* 2009).

As referred previously, many xanthenes from mangosteen have antioxidant activity (Moongkarndi *et al.* 2004; Jung *et al.* 2006; Weecharangsan *et al.* 2006; Devi Sampath and Vijayaraghavan 2007; Kosem *et al.* 2007; Chin *et al.* 2008). In fact, Devi Sampath and Vijayaraghavan 2007 described an attenuation of isoproterenol oxidative effect in rats treated with  $\alpha$ -mangostin compared with no-treated rats. They demonstrated an augment of antioxidant enzymes glutathione-S-transferase (GST), glutathione peroxidase (GPx), superoxide dismutase (SOD) and catalase (CAT), as well as a reduction of glutathione (GSH), lipid peroxides and serum enzymes, including lactate dehydrogenase (LDH), creatine phosphokinase (CPK), glutamate oxaloacetate transaminase (GOT) and glutamate pyruvate transaminase (GPT) (Devi Sampath and Vijayaraghavan 2007).

In generally, it is known that some drugs, including cancer drug therapies, can be affected by xanthenes from mangosteen antioxidant potential. These xanthonic derivatives have been connected with alterations on metabolizing enzymes responsible for the metabolism of several drugs (Foti *et al.* 2009). The changes that can occur in effect of drugs when co-administrated with these compounds will be discussed in the following section.

Considering the referred controversial use of antioxidants, further studies are necessary to confirm the safety of the use of that herbal folk medicine.

### **3.4. Modifications in the metabolism of therapeutic agents**

On living organisms, exogenous compounds are subjected to biochemical modifications catalysed by enzymes responsible for detoxification. Alterations in activity of these drug-metabolizing enzymes may jeopardize the treatment response, namely in efficacy, toxicity or both (Lu 1998; Evans and Relling 2004). Xanthonic components of mangosteen were already associated with modulation of enzymes involved in phase I and phase II of the metabolism (Devi Sampath and Vijayaraghavan 2007; Balunas *et al.* 2008; Foti *et al.* 2009).

The CYP family are phase I enzymes capable to metabolize the majority of drugs (Kalra *et al.* 2009) including natural xanthenes, as already was referred. In spite of that, mangosteen has been associated with inhibition of enzymatic activity of some CYP members. Foti *et al.* showed that aqueous mangosteen extract extensible

reduced the activity of CYP2C8 and CYP2C9 in human liver microsomes; further enzymes were also inhibited but to a less extent. These authors proposed that such effect is associated with the presence of  $\alpha$ -mangostin,  $\beta$ -mangostin, gartanin, 3-isomangostin and 8-desoxygartanin in the extract (Foti *et al.* 2009). Balunas *et al.* also described a potent inhibition of CYP19 (aromatase) mediated by methanol and chloroform-soluble extracts of *G. mangostana* in a human placental microsomes and by some xanthones (specially  $\gamma$ -mangostin) in a human breast cancer cell line (Balunas *et al.* 2008).

CYP2C8 and 2C9 metabolize important drugs (as indicated in **Table 1**) including the therapeutic agents ibuprofen (Davies 1998; Garcia-Martin *et al.* 2004), paclitaxel, phenytoin (Burns 1999; Foti *et al.* 2009) and warfarin (Burns 1999; Rettie and Tai 2006; Foti *et al.* 2009), as well as amitriptyline (Ghahramani *et al.* 1997; Olesen and Linnet 1997), cyclophosphamide (Chang *et al.* 1993; Chang *et al.* 1997), diazepam (Shou *et al.* 2000) and losartan (Zhou *et al.* 2009; Mannheimer and Eliasson 2010). Therefore, it is predictable that some of these drugs may become less or even ineffective when co-administered with mangosteen products and their toxicity can also be increased.

Similarly, the aromatase inhibition mediated by mangosteen might increase the adverse effects of drugs like methadone (Nekhayeva *et al.* 2005) and hormones androstanolone and nortestosterone (Silberzahn *et al.* 1988; Douglas *et al.* 2005) or reduce the treatment response to others such as methadone derivate levacetylmethadol (Deshmukh *et al.* 2004) and the testosterone (Silberzahn *et al.* 1988; Rendic 2002; Morale *et al.* 2008) (**Table 1**). Additionally to the metabolic activity, CYP19 are also responsible for the bioconversion of androgens into estrogens (Simpson *et al.* 1994). Consequently, the potential of aromatase inhibitors, like mangosteen ( $\alpha$ ,  $\gamma$ -mangostin and garcinones D/E), in treatment of many hormone-responsive tumors as breast cancer cannot be ignored (Azria *et al.* 2005; Brueggemeier 2006; Kendall and Dowsett 2006).

Beyond the CYP family, the antioxidant effect of  $\alpha$ -mangostin by stimulating several enzymes including the glutathione S-transferases (GSTs) (Devi Sampath and Vijayaraghavan 2007) must be considered. GSTs are phase II enzymes that catalyse the conjugation of many endogenous substances and xenobiotics with glutathione (GSH) (Uetrecht and Trager 2007; Oakley 2011; Bousova and Skalova 2012). GSH-conjugation results, normally, in drug activity inhibition due to increase in solubility of compounds and consequently the facility of excretion (Barnouin *et al.* 1998; Peklak-

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Scott *et al.* 2005). However in some cases, drug conjugation promotes drug activation (Morgan *et al.* 1998; Findlay *et al.* 2004; Tew 2005). The anticancer drugs, PABA/NO and TLK286 are examples of compounds activated after conjugation (Morgan *et al.* 1998; Findlay *et al.* 2004; Tew 2005) (**Table 1**). Consequently, the co-administration with  $\alpha$ -mangostin could promote accumulation of the active metabolites and increasing the side effects.

**Table 1.** Potential effects of xanthenes derivatives on drugs metabolism.

Effect on some drug-metabolizing enzymes	Drugs metabolized by the enzymes #	Therapeutic activity affected	References #
<b>Decrease CYP2C8 and CYP2C9 activity</b>	Amprenavir	Antiretroviral (HIV-1 inhibitor)	(Fung <i>et al.</i> 2000)
	Bupropion	Antidepressant tetracyclic	(Preissner <i>et al.</i> 2010; Knox <i>et al.</i> 2011)
	Capsaicin	Analgesic (natural)	(Reilly <i>et al.</i> 2003)
	Cisapride	Gastrointestinal prokinetic agent	(Desta <i>et al.</i> 2000; Preissner <i>et al.</i> 2010)
	Clozapine *	Antipsychotic	(Fang <i>et al.</i> 1998; Rostami-Hodjegan <i>et al.</i> 2004)
	Cyamemazine	Antipsychotic and anxiolytic	(Arbus <i>et al.</i> 2007)
	Dapsone *	Antibacterial	(Winter <i>et al.</i> 2000)
	Dextromethorphan	Cough suppressant	(von Moltke <i>et al.</i> 1998; Preissner <i>et al.</i> 2010)
	Diclofenac *	Analgesic, antipyretic, anti-inflammatory	(Mancy <i>et al.</i> 1999)
	Diltiazem *	Cardiovascular	(Sutton <i>et al.</i> 1997)
	Estradiol	Sex hormones (estrogen)	(Yamazaki <i>et al.</i> 1998; Cheng <i>et al.</i> 2001)
	Fluvastatin *	Lipid regulating	(Scripture and Pieper 2001)
	Ibuprofen *	Non-Steroidal Anti-Inflammatory	(Davies 1998; Garcia-Martin <i>et al.</i> 2004)
	Irbesartan *	Cardiovascular	(Hallberg <i>et al.</i> 2002; Preissner <i>et al.</i> 2010)
	Ketamine	Anesthetic and analgesic	(Hijazi and Boulieu 2002; Preissner <i>et al.</i> 2010)
	Ketobemidone	Analgesic	(Kristensen <i>et al.</i> 1996; Yasar <i>et al.</i> 2005)
	Lansoprazole *	Gastro-intestinal	(Pearce <i>et al.</i> 1996)
	Methadone	Analgesic, antipyretic, anti-inflammatory	(Rendic 2002; Zhou <i>et al.</i> 2009)
	Omeprazole *	Gastro-intestinal	(Foti <i>et al.</i> 2009; Preissner <i>et al.</i> 2010)
	Paclitaxel	Antineoplastic	(Burns 1999; Foti <i>et al.</i> 2009)
	Perphenazine	Antipsychotic	(Olesen and Linnet 2000; Rendic 2002; Preissner <i>et al.</i> 2010)
	Phenytoin *	Antiepileptic	(Burns 1999; Foti <i>et al.</i> 2009)
	Phenprocoumon	Cardiovascular	(Ufer <i>et al.</i> 2004)
	Piroxicam *	Analgesic, antipyretic, Non-steroidal anti-inflammatory	(Zhao <i>et al.</i> 1992; Perini <i>et al.</i> 2005; Preissner <i>et al.</i> 2010)
	Progesterone *	Sex hormone (Progestagen)	(Yamazaki and Shimada 1997; Preissner <i>et al.</i> 2010)
	Propofol *	General anesthetic	(Guitton <i>et al.</i> 1998)
	Quinidine *	Cardiovascular	(Nielsen <i>et al.</i> 1999; Preissner <i>et al.</i> 2010)
	Rosiglitazone *	Antidiabetic	(Baldwin <i>et al.</i> 1999; Malinowski and Bolesta 2000)

Selegiline, Deprenyl *	Antidepressant	(Rendic 2002; Salonen <i>et al.</i> 2003)
Seratrodoast *	Cardiovascular	(Kumar <i>et al.</i> 1997)
Temazepam	Anxiolytic, sedative, hypnotic	(Ono <i>et al.</i> 1996; Yang <i>et al.</i> 1998; Rendic 2002)
Terbinafine	Antifungal	(Vickers <i>et al.</i> 1999; Rendic 2002)
Thalidomide	Antineoplastic	(Ando <i>et al.</i> 2002)
Tolbutamide *	Antidiabetic	(Srivastava <i>et al.</i> 1991; Rendic 2002)
Torsemide, Torsemide	Cardiovascular (Diuretic)	(Rendic 2002; Kerdpin <i>et al.</i> 2004; Vormfelde <i>et al.</i> 2004)
Trimethadione, Troxidone	Antiepileptic	(Kurata <i>et al.</i> 1998; Rendic 2002; Tanaka <i>et al.</i> 2003)
Verapamil *	Cardiovascular	(Tracy <i>et al.</i> 1999; Anthony and Berg 2002)
Warfarin*	Cardiovascular (Anticoagulant)	(Burns 1999; Rettie and Tai 2006; Foti <i>et al.</i> 2009)
Zafirlukast *	Bronchodilators and Anti- asthma	(Dekhuijzen and Koopmans 2002; Preissner <i>et al.</i> 2010)
Zopiclone	Anxiolytic, sedative, hypnotic	(Becquemont <i>et al.</i> 1999; Rendic 2002)
Acetylsalicylic acid	Anticoagulants and Antithrombotics	(Preissner <i>et al.</i> 2010; Knox <i>et al.</i> 2011)
Amitriptyline*	Antidepressant	(Ghahramani <i>et al.</i> 1997; Olesen and Linnet 1997)
Cyclophosphamide *	Antineoplastic	(Chang <i>et al.</i> 1993; Chang <i>et al.</i> 1997)
Diazepam *	Anxiolytic, sedative, hypnotic	(Shou <i>et al.</i> 2000)
Ifosfamide *	Antineoplastic	(Chang <i>et al.</i> 1993)
Lidocain(e)	Local anesthetic	(Narang <i>et al.</i> 1978; Rendic 2002)
Losartan *	Anti-Hypertensives	(Zhou <i>et al.</i> 2009; Mannheimer and Eliasson 2010)
Pioglitazone *	Antidiabetic	(Jaakkola <i>et al.</i> 2006; Preissner <i>et al.</i> 2010)
Sulfadiazine *	Antibacterial	(Cribb <i>et al.</i> 1995; Rendic 2002)
Testosterone	Sex hormone (Androgen and anabolic)	(Yamazaki and Shimada 1997; Rendic 2002)
Troglitazone *	Antidiabetic	(Yamazaki <i>et al.</i> 1999b; He <i>et al.</i> 2004)
Zidovudine, azidothymidine	Antiviral	(Eagling <i>et al.</i> 1994; Rendic 2002)
Brompheniramine	Antihistaminic	(Preissner <i>et al.</i> 2010; Knox <i>et al.</i> 2011)
Caffeine	Xanthine (CNS stimulant)	(Preissner <i>et al.</i> 2010; Knox <i>et al.</i> 2011)
Carbinoxamine	Antihistamine and anticholinergic	(Preissner <i>et al.</i> 2010; Knox <i>et al.</i> 2011)
Leflunomide *	Antirheumatic	(Rozman 2002)
Mefenamic acid *	Analgesic, antipyretic, anti- inflammatory	(Preissner <i>et al.</i> 2010; Knox <i>et al.</i> 2011)
Mephenytoin	Antiepileptic	(Relling <i>et al.</i> 1990; Goldstein <i>et al.</i> 1994)
Meloxicam *	Analgesic, antipyretic, anti- inflammatory	(Turck <i>et al.</i> 1996; Chesne <i>et al.</i> 1998; Preissner <i>et al.</i> 2010)
Mirtazapine	Antidepressant	(Stormer <i>et al.</i> 2000; Rendic 2002)
Nicotine	Supplementary drugs and other substances	(Yamazaki <i>et al.</i> 1999a; Rendic 2002)
Paracetamol, acetaminophen	Analgesic, antipyretic, anti- inflammatory	(Raucy <i>et al.</i> 1989; Rendic 2002)
Phenazone, Antipyrine	Analgesic, antipyretic, non-steroidal anti-	(Engel <i>et al.</i> 1996; Rendic 2002)

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		inflammatory	
	Rifampicin *	Antibacterial	(Preissner <i>et al.</i> 2010; Knox <i>et al.</i> 2011)
	Rofecoxib	Non-steroidal anti-inflammatory	(Preissner <i>et al.</i> 2010; Knox <i>et al.</i> 2011)
	Sulfinpyrazon(e) *	Antigout	(Rendic 2002)
	Theophylline	Xanthine (Bronchodilator)	(Preissner <i>et al.</i> 2010; Knox <i>et al.</i> 2011)
	Trimethoprim *	Antiepileptic	(Rendic 2002)
<b>Decrease CYP19 (aromatase) activity</b>	Betamethason(e) *	Corticosteroid	(Paakki <i>et al.</i> 2000)
	Letrozole *	Antineoplastic	(Azria <i>et al.</i> 2005)
	Androstanolone	Sex hormones (Androgen)	(Douglas <i>et al.</i> 2005)
	Methadone	Analgesic, antipyretic, anti-inflammatory	(Nekhayeva <i>et al.</i> 2005)
	Nandrolone, nortestosterone	Sex hormone (Progestagen)	(Silberzahn <i>et al.</i> 1988)
	Levacetylmethadol (methadone derivate)	Analgesic, antipyretic, anti-inflammatory	(Deshmukh <i>et al.</i> 2004)
	Testosterone	Sex hormone (Androgen and anabolic)	(Silberzahn <i>et al.</i> 1988; Rendic 2002; Morale <i>et al.</i> 2008)
<b>Increase GST activity</b>	Adriamycin or Doxorubicin	Antineoplastic	(Hayes and Pulford 1995; Lien <i>et al.</i> 2002; Hamilton <i>et al.</i> 2003)
	Busulfan	Antineoplastic	(Vassord <i>et al.</i> 2008; Elhasid <i>et al.</i> 2010)
	Carboplatin	Antineoplastic	(Marsh <i>et al.</i> 2009)
	Carmustin or BCNU	Antineoplastic	(Hayes and Pulford 1995; Lien <i>et al.</i> 2002; Hamilton <i>et al.</i> 2003)
	Chlorambucil	Antineoplastic	(Hayes and Pulford 1995; Lien <i>et al.</i> 2002; Hamilton <i>et al.</i> 2003; Parker <i>et al.</i> 2008)
	Cisplatin	Antineoplastic	(Hayes and Pulford 1995; Peters <i>et al.</i> 2000; Lien <i>et al.</i> 2002; Hamilton <i>et al.</i> 2003)
	Cyclophosphamide	Antineoplastic	(Hayes and Pulford 1995; Lien <i>et al.</i> 2002; Hamilton <i>et al.</i> 2003)
	Ecteinascidin-743; ET-743 or Trabectedin	Antineoplastic	(Brandon <i>et al.</i> 2006)
	Ethacrynic acid	Diuretic	(Hayes and Pulford 1995; Lien <i>et al.</i> 2002; Hamilton <i>et al.</i> 2003)
	Etoposide	Antineoplastic	(Mans <i>et al.</i> 1992)
	Glutathione	Supplementary drug	(Hayes <i>et al.</i> 2005)
	Melphalan	Antineoplastic	(Hayes and Pulford 1995; Lien <i>et al.</i> 2002; Hamilton <i>et al.</i> 2003)
	Mitozantrone	Antineoplastic	(Hayes and Pulford 1995; Lien <i>et al.</i> 2002; Hamilton <i>et al.</i> 2003)
	Oxaliplatin	Antineoplastic	(Marsh <i>et al.</i> 2009)
	Thiotepa	Antineoplastic	(Hayes and Pulford 1995; Lien <i>et al.</i> 2002; Hamilton <i>et al.</i> 2003)
	Azathioprine	Antineoplastic	(Gianluigi Zaza <i>et al.</i> 2010)
	TLK286	Antineoplastic	(Morgan <i>et al.</i> 1998; Tew 2005)
	PABA/NO	Antineoplastic	(Findlay <i>et al.</i> 2004)

Information concerning Cytochrome P450s and Glutathione S-transferases metabolism was obtained from SuperCYP (Preissner *et al.* 2010), DrugBank database (Knox *et al.* 2011) and additional papers; all drugs



indicated on the table are approved by FDA; in drugs metabolized by CYP2C8 and 2C9, only those that are metabolized by the two enzymes was listed because the effect of xanthones might be more significant.

LEGEND: CYP: Cytochrome P450; GST: Glutathione S-transferases; \* drugs that, besides substrates, are also inhibitors and/or inducers of enzyme activity; # references related to drugs metabolized by such enzyme.

### 3.5. Blocking serotonin receptors

Serotonin is a ubiquitous molecule that plays multiple physiological roles including cardiovascular, gastrointestinal and endocrine functions, as well as development, sensory perception, behaviours such as aggression, appetite, sex, sleep, mood, cognition, and memory (Aghajanian and Sanders-Bush 2002). The inhibition of 5-HT<sub>2A</sub> serotonin receptors mediated by  $\gamma$ -mangostin (Chairungsrilerd *et al.* 1996) was described in animal models; this effect may disrupt several essential functions to human survival.

Serotonergic receptor blocking agents are current drugs used in nervous system disorders (Chairungsrilerd *et al.* 1996) making mangosteen supplements good candidates for intervention at this level. Their use by healthy people however needs to be monitored once this neurotransmitter is intervener in a variety of essential biological processes.

### 3.6. Other effects

Many others unfavourable proprieties have been linked with the use of mangosteen-based products.

Wong, *et al* described a case of severe lactic acidosis in a woman who took mangosteen juice. The authors postulated that this effect was mediated by  $\alpha$ -mangostin causing mitochondrial injuries (Wong and Klemmer 2008). The loss of mitochondrial potential has been described in general by many reviews concerning *G. mangostana* (Pinto *et al.* 2005; Pedraza-Chaverri *et al.* 2008; Obolskiy *et al.* 2009; Shan *et al.* 2011; Chitchumroonchokchai *et al.* 2013; Gutierrez-Orozco and Failla 2013); even if only a case of lactic acidosis was reported until now, associated with an acute respiratory illness, it is necessary to be watchful to understand the possible conditions that improve that risk of its use (Wong and Klemmer 2008).

Several mangosteen products available in market advertise for their antidiabetic potential based on scientific reports. In fact, many authors reported a decrease of insulin-resistance augment of sensibility to insulin in animal or cell models after treatment with xanthones, namely mangiferin and  $\alpha$  and  $\gamma$ -mangosteen (Ichiki *et al.* 1998; Miura *et al.* 2001a; Miura *et al.* 2001b; Bumrungpert *et al.* 2009a; Bumrungpert *et al.* 2010). Must be taking in account that mangosteen, as other fruits, contains high

quantities of sugar and since there are no studies in antidiabetic effect in humans, the advantages or either their safety in diabetics cannot be guaranteed. However, mangosteen is processed before commercialized and alterations caused by this treatment may induce modifications in xanthonenes composition. Moreover, those products contain additional substances, beyond xanthonenes (Wong and Klemmer 2008).

Finally, FDA (Food and Drugs Administration) alert for the presence of tadalafil in two specific commercialized products. This is a substance that may interact with nitrates found in some prescription drugs (medication frequently used by diabetics and patients who have high blood pressure, high cholesterol or heart diseases) and may lower blood pressure to dangerous levels (FDA 2012). The referred example leads to speculate about a possible addition of non-declared substances in natural products once that an approval is not necessary to their commercialization (FDA 2014).

### 4. Conclusions

Herbal-based medicines triggered a huge curiosity in past years about their advantages leading to an exponential increasing in marketing.

The potential of *Garcinia mangostana* as a botanic dietary supplement has been encouraged the investigation at several levels and, in this review, we reinforce the fact that mangosteen fruit can show prospective benefits in cancer, diabetes, cardiac, psychiatric, autoimmune and neurodegenerative pathologies, as well as in some physiologic conditions like oxidative stress and inflammation.

In spite of those promising proprieties, dietary supplements based on natural products, like *G. mangostana*, are not subjected to rigorous safety testing in humans and their control is quite limited since is not necessary a FDA's approbation.

Additionally, both safety and efficacy of mangosteen cannot be assured only by scientific studies made in cell lines or animal models as has been done so far. Furthermore, it is necessary taking in account several parameters to make an accurate clinical trial because some biochemical events may alter the mangosteen effects and the availability of their active metabolites. The most important of these parameters are the part of the fruit that would be used, the extraction method, the type and amount of active compounds existent in each extract and the presence of other components that can be added to the mangosteen products, as different juices (blueberry, cranberry, raspberry, grape, cherry, strawberry, pear, apple, etc), green tea (*Camellia sinensis*), *Aloe vera*, multivitamins or essential minerals.

Another point that has received minimal attention is the characterization of the absorption, metabolism and elimination of these compounds in human organism. This characterization is critical for establishing a possible toxicity rate of chronic ingestion of mangosteen and may allow the determination of possible interactions with therapeutic agents. It is also important to verify if the doses of some drugs can be reduced by using mangosteen concomitantly. The evaluation of these parameters may minimize the adverse response to therapy which is extremely important especially for treatments with drugs that cause serious side effects (example of chemotherapeutic drugs as paclitaxel, letrozole or azathioprine).

In summary, this review highlights the importance and the value of extensive animal studies, long-term epidemiologic studies and more controlled clinical trials in human volunteers (Shan *et al.* 2011; Gutierrez-Orozco and Failla 2013) for mangosteen supplements. Certainly, many other food supplements needed similar studies; however mangosteen is one of the top-selling, is easily available, consumed without medical control and can modulate several biochemical pathways. Correct hazard evaluation, along with analysis of related risk factors of its use, are essential to the recognition and avoidance of potential adverse effects. Mangosteen seems to have an enormous potential in improvement human's health, however that only can be truthfully accomplish when all of its effects will be completely understand, what requires a concerted work in several areas like, chemistry, pharmacology, biology and clinic in general.

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## **Paper 2 (draft): “Alpha-mangostin antitumor activity: cytotoxicity and influence on the immune system microenvironment”**

### **Abstract**

Alpha-mangostin is known to interfere with multiple pathways of carcinogenesis. Therefore, it has been proposed as prospective cancer drug candidate. In melanoma, alpha-mangostin antitumor effect may be increased by the immunomodulation of tumor microenvironment, since melanocytic tumors are highly immunogenic.

The main goal of this study was evaluate alpha-mangostin (i) cytotoxic effect on A375-C5 melanoma cell line and (ii) its interference with the immune macrophages induced microenvironment of the tumor.

This xanthone showed inhibition of A375-C5 melanoma growth ( $GI_{50} = 11.3 \pm 0.9 \mu\text{M}$ ). Concerning the direct impact of alpha-mangostin on macrophages function, it was observed an inhibition of nitric oxide production by RAW 264.7 murine macrophages ( $IC_{50} = 13.8 \pm 0.7 \mu\text{M}$ ) and decreased the concentration of IL-1 $\beta$  and TGF- $\beta$ 1 and stimulated TNF- $\alpha$  expression by THP-1 human macrophages. In order to complement the described effect of  $\alpha$ -MG on the immune microenvironment of melanoma, it was also study in proliferation and cytokines production by human lymphocytes. Alpha-mangostin strongly inhibited PHA-stimulated human mononuclear cells proliferation ( $IC_{50} = 9.2 \pm 0.3 \mu\text{M}$ ) but not interfering for  $IC_{50}$  for IL-1 $\beta$ , TNF- $\alpha$ , IL-10 and TGF- $\beta$ 1.

In conclusion this study proved that alpha-mangostin interferes with cytokine and NO production by activated macrophages leading to the evidence that the xanthone interferes with immune microenvironment of the tumor.

### **Introduction**

Melanoma is a melanocytes' malignant tumor that metastasizes very early in the disease process, causing elevated mortality rates. According to the Oncologic register of Portugal (2007), the world incidence of melanoma of the skin is about 4,5 cases for 100000 habitants (RORENO 2013) and, although it is a relative rare kind of cancer, it contributes for about 80% of the deaths caused by cutaneous cancer (Kuphal and Bosserhoff 2009; Gast *et al.* 2011; Raaijmakers *et al.* 2013). The tumorigenesis of this cancer requires a multistep process, in spite of alterations in immune system has a crucial involvement, namely the immunosuppressive and pro-tumor character of tumor microenvironment (Hussein 2004; Chen *et al.* 2011). Among inflammatory cells,

macrophages are of pivotal importance in malignancy development, being specifically referred to as tumor-associated macrophages (TAMs) (Chen *et al.* 2011). TAMs are the most abundant leukocytes in the melanoma and their presence represent a poor prognostic (Brocker *et al.* 1988; Bernengo *et al.* 2000; Makitie *et al.* 2001; Varney *et al.* 2005), due to induction of an immunosuppressive microenvironment that, among other consequences, inhibits tumor-specific CD8<sup>+</sup> T cell-mediated cytotoxicity (Kono *et al.* 1996; Wang *et al.* 2012c).

The growing understanding of immune involvement in tumorigenesis, contributed to therapies aiming immunologic targets (Dranoff 2009; Raaijmakers *et al.* 2013). However some of these therapies are only effective in a brief period of time while others have considerable side effects (Hodi *et al.* 2010; Solit and Rosen 2011; Graziani *et al.* 2012). Obviously, it is important to find new therapies for melanoma that target multiple biochemical pathways, in order to avoid tumor escape mechanisms (Smalley *et al.* 2006).

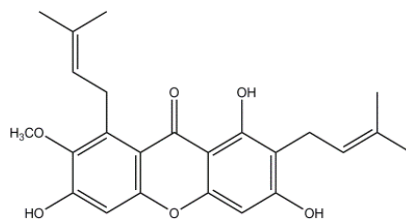
Prenylated xanthenes, including alpha-mangostin ( $\alpha$ -MG) (**Figure 9**), the most studied and abundant xanthone present on mangosteen pericarp (*Garcinia mangostana* Linn), have been associated to multiple benefits in several pathological conditions. In cancer, its effect is through the alteration of a significant number of physiological pathways, comprising the influence in immune system (Obolskiy *et al.* 2009; Shan *et al.* 2011; Gutierrez-Orozco and Failla 2013). Beside the previous reports of  $\alpha$ -MG effect in immune functions, as far as we know the interference of this xanthone in the immune system microenvironment of melanoma has never been studied.

Recently, a number of evidences suggested that  $\alpha$ -MG has a potent antitumor effect against melanoma. These reports evaluated the effect of the compound in different melanoma cell lines (B16-F10 murine cell line, SK-MEL-28 human cell line) and described induction of apoptosis, cell cycle arrest and differentiation, and inhibition of both cell proliferation and metastasis (Wang *et al.* 2011; Wang *et al.* 2012a; Wang *et al.* 2012b; Wang *et al.* 2013). During the development of this study, Beninati *et al.* reported some experiments of  $\alpha$ -MG effect on the A375 cell line (Beninati *et al.* 2014).

In spite of these insights, and as far as we know, no studies on  $\alpha$ -MG-dependent modulation of the immune microenvironment and its effect on melanoma growth were performed.

Due to the importance of immune targets in melanoma therapies, the aim of the present work is to study  $\alpha$ -MG effects on the immune system in order to potentiate its antitumor effect on A375-C5 melanoma cell line.





**Figure 9:** alpha-Mangostin

## Material and Methods

### Chemicals and reagents

Reagents used in cell culture, including RPMI-1640, DMEM medium, and fetal bovine serum (FBS) were purchased from Gibco® Invitrogen Co. (Barcelona, Spain), 2-mercaptoethanol for synthesis was obtained from Merck (Whitehouse Station, NJ, USA) and Glutamine cell culture grade and Dimethyl sulfoxide (DMSO) from Applichem (Darmstadt, Germany). N.N-Dimethylformamida (DMF) was acquiring from Spectramol Science Incorporated.

Reagents used in SRB assay as Trichloroacetic acid (TCA), Acetic acid glacial 99-100% and Trizma base were purchased from Prolabo (Oeiras, Portugal), CHEM-LAB (Zedelgem, Belgium) and Frilabo (Maia, Portugal), respectively.

IL-1 $\beta$ , IL-10, TNF- $\alpha$  and TGF- $\beta$ 1 ELISA Ready-Set-Go Kits were acquired from eBioscience (San Diego, CA, USA).

All other chemicals of analytical grade used in the experiments and unless otherwise indicated were purchased from Sigma-Aldrich® (St. Louis, MO, USA).

### Xanthenes

Alpha-mangostin ( $\alpha$ -MG) was obtained from Sigma-Aldrich® (ref.M3824) and stock solution kept at -20°C in DMSO. Just prior each assay, stock solution was diluted in appropriate complete medium to the maximum concentration to test and 1:2 dilutions were serially prepared.

### Cell lines

A375-C5 human malignant melanoma cell line and RAW 264.7 mouse macrophage cell line are part of CEQUIMED cell culture collection. THP-1 human monocyte cell line was a courtesy of Rui Appelberg.

A375-C5 was routinely maintained in 25 cm<sup>2</sup> flasks containing RPMI-1640 medium supplemented with 10% fetal bovine serum (FBS) and 1  $\mu$ L mL<sup>-1</sup> Gentamycin at 37°C in a humidified incubator with 5% CO<sub>2</sub>. For the THP-1 cell line the culture medium just

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described was also supplemented with 0.05 mM 2-mercaptoethanol. RAW 264.7 cell line was maintained in 75 cm<sup>2</sup> flasks containing DMEM medium with 10% FBS and gentamycin, in the same culture conditions.

Cell lines were sub-cultured every 2 or 3 days by trypsinization (A375-C5), replacement of the medium (THP-1) or scraping (RAW 264.7) and used for each experiment when cells were in exponential growth.

Human mononuclear cells were isolated from peripheral blood of healthy volunteers by Histopaque-1077 density centrifugation according to manufactures' instructions. Informed consent was obtained from each volunteer. Cells were resuspended in RPMI medium supplemented with 10% FBS and 1  $\mu\text{L mL}^{-1}$  gentamycin.

### NO production assay

The determination of nitric oxide (NO) production by RAW 264.7 ( $1 \times 10^6$  cells mL<sup>-1</sup>) after treatment and stimulation with 1.5  $\mu\text{g mL}^{-1}$  LPS was quantified by Griess assay as previously described by our group (Teixeira *et al.* 2005; Cerqueira *et al.* 2008). *N*-nitro-L-arginine methyl ester (L-NAME), an inhibitor of inducible nitric oxide synthase (iNOS) activity and Dexamethasone, an inhibitor of iNOS expression, were used as positive controls.

Since inhibition of NO production could be a consequence of an inhibition of iNOS expression and/or activity, it was necessary to investigate  $\alpha$ -MG mechanism. For that, the compound was also added 6h and 14h after RAW 264.7 macrophages stimulation with LPS (Cerqueira *et al.* 2008).

### NO Scavenging assay

To discard NO scavenging effect by xanthone, nitrite was chemically generated using sodium nitroprusside as previously described. Nitrite was quantified by Griess assay (Teixeira *et al.* 2005; Cerqueira *et al.* 2008).

### Human mononuclear cells MTT-proliferation assay

Human mononuclear cells isolated from peripheral blood were plated ( $2-3 \times 10^6$  cell mL<sup>-1</sup>), treated with serial dilutions of xanthone, stimulated with 10  $\mu\text{g mL}^{-1}$  phytohemagglutinin (PHA) and incubated for 96h. After incubation, the MTT-proliferation assay was performed and absorbance measured at 550 nm. Cyclosporin A was used as positive control (Pedro *et al.* 2002; Cerqueira *et al.* 2003; Teixeira *et al.* 2005).

### Cytokine quantification

Culture supernatants of differentiated THP-1 cells, stimulated and treated as previously described, were stored at -20°C until cytokine analyses.

Levels of interleukin-1 $\beta$  (IL-1 $\beta$ ), interleukin-10 (IL-10), tumor necrosis factor- $\alpha$  (TNF- $\alpha$ ) and transforming growth factor- $\beta$ 1 (TGF $\beta$ 1) in culture supernatants were quantified by ELISA Ready-Set-Go Kits (eBioscience) according to manufacturers' instructions and measured at 510 nm in an ELISA reader (Stat Fax 3200, Awareness Technology) (Cerqueira *et al.* 2003).

The same cytokines were also evaluated in supernatants from peripheral mononuclear cells. Cells were stimulated with PHA, treated with three concentrations of  $\alpha$ -MG and incubated for 48h. Then, supernatants were collected and stored until analysis (Cerqueira *et al.* 2003; Lou *et al.* 2013).

### Sulphorhodamine B (SRB) growth tumor inhibition assay

$\alpha$ -MG effect on the growth of A375-C5 human melanoma cell line ( $7,5 \times 10^4$  cells mL<sup>-1</sup>) was evaluated according to the method adopted by the National Cancer Institute (NCI, USA) (Monks *et al.* 1991), as already described by our group (Pedro *et al.* 2002; Gupta *et al.* 2008). Doxorubicin (1:10 dilutions) was used as positive control (Pedro *et al.* 2002; Gupta *et al.* 2008).

### Antitumor effect of conditioned macrophage culture medium

After testing the cytotoxic effect of  $\alpha$ -MG on A375-C5 melanoma cell line, the antitumor effect of conditioned macrophage culture medium was evaluated according to He *et al.*, 2012. Briefly, THP-1 cell line was plated at  $1 \times 10^5$  cells mL<sup>-1</sup> and differentiated into THP-1 macrophages with 10 ng mL<sup>-1</sup> PMA for 72h (He *et al.* 2012). Once differentiated, cells were washed twice with complete medium and left for another 24h incubation in order to obtain the resting state of macrophages (Chanput *et al.* 2012; Chanput *et al.* 2014). Then, they were stimulated with 100  $\mu$ L of LPS solution (1  $\mu$ g mL<sup>-1</sup>) and treated with 100  $\mu$ L  $\alpha$ -MG (concentration below GI<sub>50</sub>). Treated cell were incubated for 24h at 37°C, 5% CO<sub>2</sub> in a humidified incubator (He *et al.* 2012). Plates were centrifuged and half of the volume of each well was transferred to A375-C5 adherent cell monolayers, previously plated as described for tumor growth inhibition assay procedure. After 48h incubation, SRB assay was performed, absorbance was measured and cell-growth inhibition determined (Pedro *et al.* 2002).

### MTT-viability assay

Toxicity of  $\alpha$ -MG on THP-1 cell line, human mononuclear cells and RAW 254.7 cell line was evaluated by MTT-viability assay (Pedro *et al.* 2002; Cerqueira *et al.* 2003; Teixeira *et al.* 2005).

### Statistical analysis

Except otherwise stated, results are the mean  $\pm$  SEM of at least three independent experiments, performed in duplicate. Statistical analysis was performed with SPSS for Windows (version 20.0). Statistical significance between groups was calculated by Mann-Whitney Test and it is considered significant for p values less than 0.05.

### Ethics

Ethics approval was obtained by the Ethic Comity of University Fernando Pessoa.

## Results

### Effect on NO production by macrophages

The production of NO by RAW 264.7 was strongly inhibited by  $\alpha$ -MG ( $IC_{50} = 13.8 \pm 0.7 \mu M$ ) in a dose-dependent manner (data not shown). Dexamethasone showed an  $IC_{50}$  of  $4.3 \pm 0.6 \mu M$  (**Table 2**). To exclude cell death, MTT assay was performed and exposed that viability was higher than 90% for  $IC_{50}$ , therefore, not responsible for the decrease in NO production (**Table 2**). Scavenging of NO, was not detected since the NO production in presence and absence of  $\alpha$ -MG was similar (data not show). This finds, indicating that scavenging could not be responsible for the 50% reduction of NO production in RAW 264.7 cell line.

**Table 2:** Effect of  $\alpha$ -MG on NO production by LPS-stimulated RAW 264.7 macrophages.

	NO inhibition ( $IC_{50}$ )	Viability at $IC_{50}$
Alpha-mangostin	$13.8 \pm 0.7 \mu M$	$91.3 \pm 3.7 \%$
L-Name	$62.4 \pm 7.8 \mu M$	$96.0 \pm 2.5 \%$
Dexamethasone	$4.3 \pm 0.6 \mu M$	100 %

Results are the mean  $\pm$  SEM (n = 3). L-Name and Dexamethasone was used as positive control.

It was next investigated whether the inhibition of NO production was due to a decrease in iNOS expression or impairment of iNOS activity. iNOS is transcribed within 2-4 hours

and translated within six hours after LPS-stimulation in macrophages (Xie *et al.* 1994). As such,  $\alpha$ -MG was added at a concentration close to  $IC_{50}$  value and NO was measured at 0, 6 or 14 h after RAW 264.7 macrophages stimulation with LPS. When  $\alpha$ -MG was added simultaneously with the stimulus, about 50% of NO production was inhibited. When the compound was added 6 h after stimulation, the effect on iNOS was not detected (**Table 3**). This finds, support the hypothesis that the compound act in the first hours after LPS stimulation.

Once again, toxicity was excluded by MTT viability assay, since cells showed viability higher than 90% at dilution closest to  $IC_{50}$  of  $\alpha$ -MG. Concentrations of xanthone and controls (L-NAME and Dexamethasone) used in this study was the dilution closest to  $IC_{50}$ .

**Table 3:** Inhibitory effect of  $\alpha$ -MG on NO production by RAW264.7.

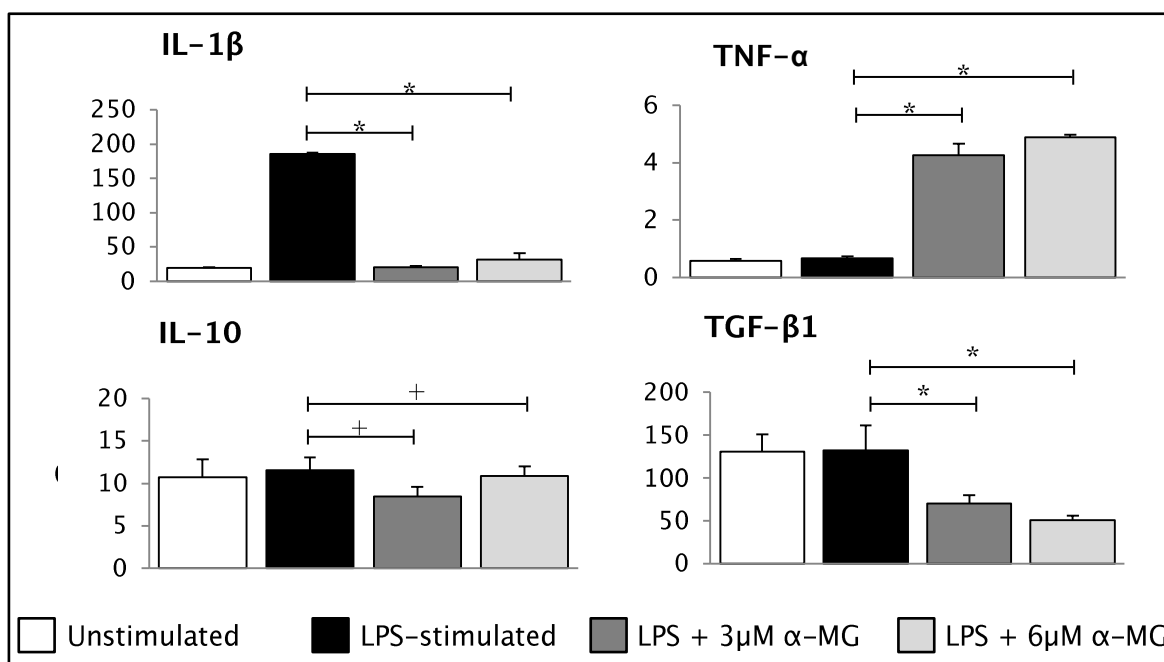
	NO inhibition (% of control)		
	0 h	6 h	14 h
$\alpha$ -MG at <b>12,5 <math>\mu</math>M</b>	44.7 $\pm$ 3.2 %	n.i.	n.i.
L-Name at <b>62,5 <math>\mu</math>M</b>	52.1 $\pm$ 6.0 %	50.7 $\pm$ 3.8 % <sup>†</sup>	24.7 $\pm$ 3.1 % *
Dexamethasone at <b>6,25 <math>\mu</math>M</b>	55.9 $\pm$ 2.3 %	15.7 $\pm$ 6.0 % *	n.i.

Macrophages were exposed to LPS and treated with the alpha-mangostin at different times after stimulation: 0 h (simultaneously with the stimulus), 6 h and 14 h after stimulation. Results are the mean  $\pm$  SEM (n = 3). n.i.= no inhibition. \* p < 0.001, <sup>†</sup> p > 0.05. L-NAME and Dexamethasone was used as positive controls.

#### Effects of $\alpha$ -MG on macrophage production of IL-1 $\beta$ , IL-10, TGF- $\beta$ 1 and TNF- $\alpha$

Further experiments were carried out to determine the effect of  $\alpha$ -MG on the production of four cytokines by LPS-stimulated THP-1 macrophages cell line. Two concentrations of the compound (below  $GI_{50}$ ) were studied in order to conduct a dose-response study and evaluate the effect of this xanthone on the kinetics of cytokine production.

A significant decrease in the production of IL-1 $\beta$ , TGF- $\beta$ 1 was observed for the two concentrations of  $\alpha$ -MG tested in macrophages, as compared to  $\alpha$ -MG-untreated macrophages, while an augment of TNF- $\alpha$  was detected. IL-10 expression was not affected (**Figure 10**).



**Figure 10:** Production of IL-1 $\beta$ , IL-10, TGF- $\beta$ 1 and TNF- $\alpha$  by THP-1 macrophages. Cytokine production was evaluated on unstimulated macrophages (basal), LPS-stimulated macrophages and macrophages treated with 3 and 6  $\mu$ M of alpha-mangostin. Data are the mean  $\pm$  SEM from three independent experiments performed in duplicate. \*  $p < 0.001$ ;  $^{\dagger}$   $p > 0.05$ .

#### Effects on lymphocyte proliferation

The effect of  $\alpha$ -MG on the mitogenic response of peripheral human lymphocytes to PHA, was evaluated (**Table 4**) and measured in concentration corresponding to 50 % inhibition of proliferation ( $IC_{50}$ ). The compound strongly inhibited lymphocytes proliferation in a dose-dependent manner (data not show).

No lymphocytotoxicity was observed when the human lymphocytes were exposed to the  $IC_{50}$  concentrations of these xanthenes (cell viability near to 100%), which leads to the conclusion that its inhibitory activity was associated with cell proliferation rather than to a toxic effect (data not shown).

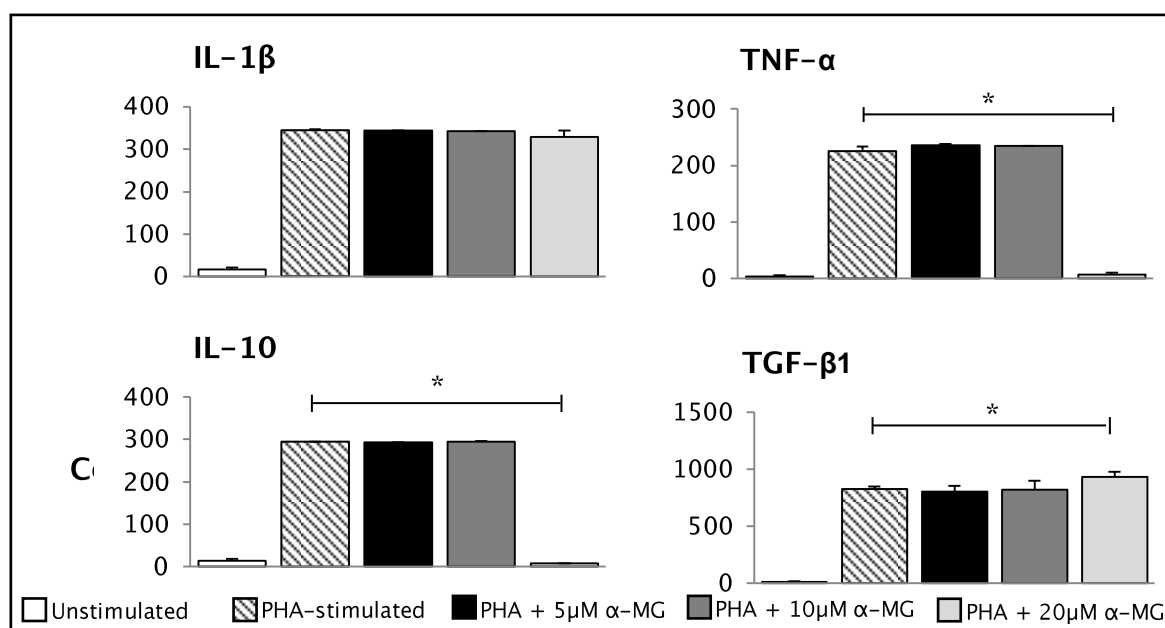
**Table 4:** Effect of  $\alpha$ -MG on the PHA-induced proliferation on human lymphocytes

	Proliferation ( $IC_{50}$ )
Alpha-mangostin	9.2 $\pm$ 0.3 $\mu$ M
Cyclosporin A	0.1 $\pm$ 0.4 X 10 <sup>-2</sup> $\mu$ M

Cyclosporin A was used as positive control. Results are the mean  $\pm$  SEM of 3 independent experiments in duplicate.

Effects of  $\alpha$ -MG on lymphocyte production of IL-1 $\beta$ , IL-10, TGF- $\beta$ 1 and TNF- $\alpha$ 

The effect of  $\alpha$ -MG at three concentration (below, above and IC<sub>50</sub>) on cytokine production by PHA-simulated human mononuclear cells from peripheral blood was evaluated (**Figure 11**). At 20  $\mu$ M (above IC<sub>50</sub>) the compound showed a strong inhibition of IL-10 and TNF- $\alpha$  production and induction of TGF- $\beta$ 1 but no effects were detected at lower concentrations. The compound did not affect the production of IL-1 $\beta$  by PHA-stimulated lymphocytes compared with stimulated non-treated cells (positive control). No toxicity on lymphocytes was observed for the concentrations tested (viability > to 80%).



**Figure 11:** Production of IL-1 $\beta$ , IL-10, TGF- $\beta$ 1 and TNF- $\alpha$  by PHA-stimulated human mononuclear cells. Cytokines production was evaluated on unstimulated lymphocutes (basal), PHA-stimulated lymphocytes and lymphocytes treated with 5, 10 and 20  $\mu$ M of  $\alpha$ -mangostin. Data are the mean  $\pm$  SEM from tree independent experiments, performed in duplicate. \*  $p < 0.001$ .

Effect of  $\alpha$ -MG on melanoma growth

The cell growth inhibitory effect of  $\alpha$ -MG was examined against A375-C5 cell line. This xanthone is a potent inhibitor of the growth of A375-C5 (**Table 5**) in a dose-dependent manner (data not show).

**Table 5:** Effects of  $\alpha$ -mangostin on the growth of A375-C5 human melanoma cell line.

	Growth inhibition (GI <sub>50</sub> )
Alpha-mangostin	11.3 $\pm$ 0.9 $\mu$ M
Doxorubicin	1.8 X 10 <sup>-3</sup> $\pm$ 0.4 X 10 <sup>-3</sup> $\mu$ M

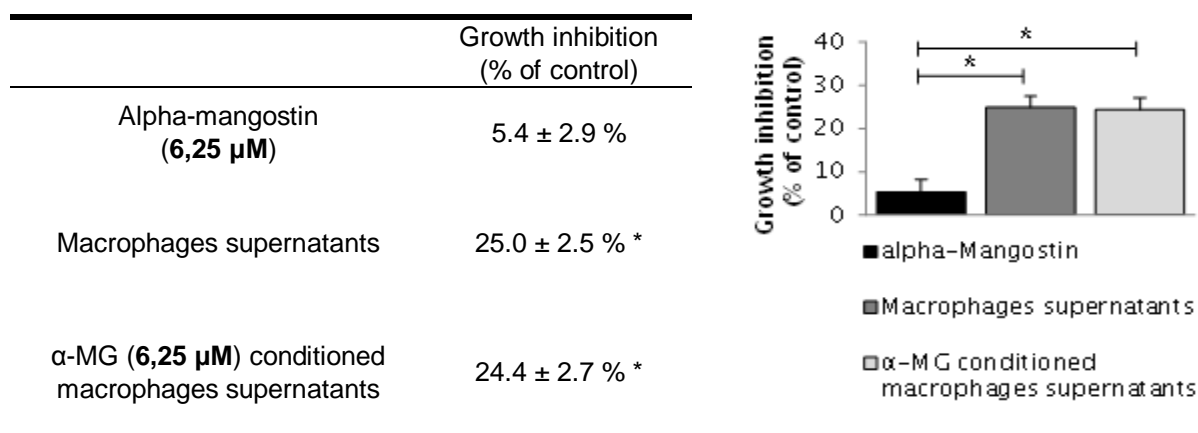
Results are the mean  $\pm$  SEM (n = 3). Doxorubicin was used as positive control.

## V. Natural xanthenes: alpha-mangosteen

### Antitumor effect of conditioned macrophage culture medium

As modulation of the immune system has been a promising approach in melanoma treatment. It was investigated the possible influence of conditioned macrophage supernatants on A375-C5 cells growth to teste the influence of soluble immunologic factors produced by macrophages on melanoma cell line.

A significant ( $p < 0.001$ ) decrease in melanoma cell growth was observed after exposure to supernatants from both  $\alpha$ -MG-treated and untreated THP-1 macrophages (**Figure 12**), which is in favor of an  $\alpha$ -MG-independent anti-tumor effect of soluble mediators produced by cultured THP-1 macrophages.



**Figure 12:** Antitumor effect of alpha-mangostin, macrophages supernatants and alpha-mangostin conditioned macrophage culture medium on A375-C5 melanoma cell line. THP-1 PMA-differentiated macrophages were treated with xanthone and supernatants were added to melanoma cells. Results show mean values  $\pm$  SEM ( $n = 3$ ). \*  $p < 0.001$

## Discussion

Natural xanthenes, including those from mangosteen extract have antitumor and immunomodulatory effects (Pinto *et al.* 2005; Obolskiy *et al.* 2009; Shan *et al.* 2011; Gutierrez-Orozco and Failla 2013). In particular, alpha-mangostin has been repeatedly associated with modulation of a great variety of physiologic pathways, including inflammation. These findings reinforce their antitumor potential, fighting tumor progression and treatment resistance (Pinto *et al.* 2005; Shan *et al.* 2011; Gutierrez-Orozco and Failla 2013).

In melanoma, several evidences reported the potential of immune targets as therapeutic agents. This facts result in the current use of ipilimumab, an immunomodulating antibody that target CTLA4 on activated T cells and inhibit regulatory T cells, in spite of the severe toxicity associated (Hodi *et al.* 2010; Graziani *et al.* 2012).

The character highly immunogenic of melanocytic tumors and the influence of host immune response and microenvironment inflammatory cells in cancer growth were



verified (Hussein 2004; Dranoff 2009; Chen *et al.* 2011). Indeed, primary melanomas undergo spontaneous regression much more frequently than any other cancer that may be a sign of immunosurveillance or, by other way, it may be due melanoma are easier to visualize (Printz 2001; Kalialis *et al.* 2009). Nevertheless, other evidences corroborate the involvement of immune system, namely the relatively amount of tumor-infiltrating lymphocytes in melanoma microenvironment compared with other cancers and associated with favorable prognostic (Maio 2012; Kushnir and Merimsky 2013) and the appearance of autoimmune condition as vitiligo in melanoma patients or patients treated with immunotherapy which normally means a better disease outcome (Le Gal *et al.* 2001; Phan *et al.* 2001; Boasberg *et al.* 2006). In more advanced stages, this cancer became capable to avoid immunosurveillance (Reiman *et al.* 2007; Speeckaert *et al.* 2011) and its progression and metastatic potential may be supported by immune cells present in tumor microenvironment, as the tumor-associated macrophages (TAMs) since they are the most abundant leucocytes in melanoma and represent a poor prognostic (Brocker *et al.* 1988; Bernengo *et al.* 2000; Makitie *et al.* 2001; Varney *et al.* 2005; Porta *et al.* 2007; Solinas *et al.* 2009; Mantovani and Sica 2010; Qian and Pollard 2010).

In spite of the verified interaction of immune system in melanoma treatment and the potential of xanthenes as antitumor and immunomodulatory agent, any research was based on the direct effect of any immune cell treated with xanthonic compounds in the tumor growth.

According to the established influence of inflammation on cancer (induces carcinogenesis, tumor progression and promotes angiogenesis) (Apte and Voronov 2008; Germano *et al.* 2008; Kundu and Surh 2008; Colotta *et al.* 2009; Mantovani 2010) and particularly in melanoma, it was investigated the potential effect of the compound in different immune pathways in human and murine macrophage cell lines and human mononuclear cells from peripheral blood. Indeed,  $\alpha$ -MG inhibited NO production and TNF- $\alpha$  secretion by murine macrophages cells (Chen *et al.* 2008; Tewtrakul *et al.* 2009). In spite of that finds, any studies were performed in the cytokines interleukin - 1 $\beta$  (IL-1 $\beta$ ), IL-10, the tumor grow factor -  $\beta$ 1 (TGF- $\beta$ 1) and the tumor necrosis factor -  $\alpha$  (TNF-  $\alpha$ ) in THP-1 macrophages as performed in this paper.

RAW 264.7 was used for investigation of NO production, since this cell line was referred as an appropriate model to study iNOS system (Dirsch *et al.* 1998; Shih *et al.* 2010). Human macrophages *in vitro* produce low quantity of NO in response to stimuli (Thomassen and Kavuru 2001). However, either *in vitro* murine cells and *in vivo* human macrophages express great quantities of NO in inflammatory conditions (Ochoa *et al.* 1991; Dirsch *et al.* 1998)

$\alpha$ -MG was a strong inhibitor of NO production by LPS-stimulated RAW 264.7 ( $IC_{50} = 13.8 \pm 0.7 \mu M$ ). Since  $\alpha$ -MG effect was not due to cell death or scavenging of chemically generated NO, it may act at the level of NO production by iNOS.

In inflammatory process, NO is produced by inducible NO synthetase (iNOS or NOS2) from L-arginine and molecular oxygen (Gross and Wolin 1995; Aramaki 2000). The inducible form is stimulated by immunologic factors and expressed in virtually all cells (Gross and Wolin 1995). In macrophages, its production is stimulated by a number of cytokines and LPS (Lowenstein *et al.* 1993; Gross and Wolin 1995). Production of NO could be a consequence of iNOS regulation at transcriptional and post-transcriptional level, depending of gene transcription, stability and translation of mRNA, stability of the protein, availability of substrates or co-factors, inhibitors that compete with substrates and the known NO feedback effect (Nathan and Xie 1994; Bogdan *et al.* 2000; Brunet 2001).

Therefore, the underlying mechanism to  $\alpha$ -MG inhibition of NO production needed further investigation. For that,  $\alpha$ -MG was added at different hours: 0h (simultaneously), 6h and 14h after RAW 264.7 macrophages stimulation with LPS.

In spite of  $\alpha$ -MG exhibit a potent inhibition of NO production when added simultaneously with LPS-stimulation, this production remained stable either when it was added 6 or 14h after stimulation. This findings suggest an interference on iNOS expression since the enzyme is transcribed within 2-4 hours and translated within six hours after LPS-stimulation in macrophages (Xie *et al.* 1994). L-NAME (inhibitor of iNOS activity) (McCall *et al.* 1991), and Dexamethasone, inhibitor of iNOS expression (Korhonen *et al.* 2002) was used as positive controls and the obtained results was in accordance with the mechanism proposed to these inhibitors by our technique.

In accordance to our finds, Chen *et al* and Tewtrakul *et al* reported an inhibition of iNOS mRNA expression on RAW 264.7 macrophages by  $\alpha$ -MG.

Inhibition of iNOS expression indicates an anti-inflammatory potential of  $\alpha$ -MG. However, in cancer, this inhibition represents controversial effects because NO has been reported as cytotoxic in melanoma and many other tumors, but simultaneously it modulates many pro-tumor pathways including resistance to apoptosis, cell cycle progression, angiogenesis invasion, and metastasis (Ying and Hofseth 2007; Choudhari *et al.* 2013). So, the result of  $\alpha$ -MG-dependent inhibition of NO production for melanoma progression needs further investigation.

Macrophages, including TAMs, are dynamic and heterogeneous cells mainly due to their capacity to respond to stimulus. According to the microenvironment they may be polarized into a spectrum of phenotypes between the extremes M1 (classic) and M2 (alternative). M1 macrophages produced high levels of iNOS, TNF- $\alpha$ , IL-1 $\beta$  and other pro-

inflammatory molecules, while M2 macrophages are immunosuppressive, significantly expressing IL-10 and TGF- $\beta$  (Allavena *et al.* 2008; Biswas *et al.* 2013).

Several evidences indicate that macrophage phenotypes can change during tumor progression (Zaynagetdinov *et al.* 2011). M1 activation may induce chronic inflammation, a factor that could predispose to tumor initiation (Greten *et al.* 2004; Pikarsky *et al.* 2004). However, in early stages of tumor progression, TAMs adopt an M1-like phenotype that contributes to anti-tumor immunity. M2 phenotype is mainly expressed in established tumors and induce immunosuppressive, angiogenic and metastatic effects (Mantovani *et al.* 2004; Sica *et al.* 2006; Gordon and Mantovani 2011; Zaynagetdinov *et al.* 2011; Liao *et al.* 2014).

$\alpha$ -MG had a dual influence on the immune system, either inhibiting IL-1 $\beta$  and NO responses, or inhibiting TGF- $\beta$ 1 and stimulating TNF- $\alpha$  expression.

IL-1 $\beta$ , a pro-inflammatory cytokine mainly produced by monocytes and macrophages is an example of the pleiotropism of immune system. In melanoma its expression was associated to tumor progression and promotion of lung metastases from melanoma (Giavazzi *et al.* 1990; Meyer *et al.* 2011). Therefore, IL-1 $\beta$  has been associated with all steps of malignancy (carcinogenesis, progression, invasion and metastasis) and may even be expressed by the tumor cells (Apte and Voronov 2008). In contrast, M1 macrophages phenotype produced interleukin induce an immune response against malignant cells (Fairweather and Cihakova 2009). Considering all that was stated above, the inhibition of IL-1 $\beta$  mediated by  $\alpha$ -MG could be beneficial so this cytokine induces tumor progression and metastasis. Melanoma is a highly metastatic kind of cancer contributing to the high mortality associated (Kuphal and Bosserhoff 2009; Raaijmakers *et al.* 2013), therefore a therapy that suppress or control angiogenesis and invasion may be an important approach.

TGF- $\beta$ 1 regulates multiple cellular processes, including proliferation and differentiation. It acts as a potent inducer of differentiation in normal cells which leads to the concept that this cytokine protects against cancer in early stages of carcinogenesis (Yang *et al.* 2008). By the other hand, several tumors express increasing amounts of TGF- $\beta$ 1 which is associated with disease progression, invasion and metastasis both *in vivo* and *in vitro* (Akhurst and Derynck 2001). In melanoma, TGF- $\beta$  isoforms (TGF- $\beta$ 1/2/3) are highly expressed and increase in parallel with tumor progression (Krasagakis *et al.* 1998; Javelaud *et al.* 2008). According to that, this cytokine is commonly produced by M2-like macrophages leads to a Th2 response, i.e., promotes an immunosuppressive microenvironment that allows the tumor immune escape (Coffelt *et al.* 2009; Martinez *et al.* 2009; Siveen and Kuttan 2009; Hao *et al.* 2012; Sica and Mantovani 2012). The

inhibition of TGF- $\beta$ 1 by  $\alpha$ -MG may benefit the treatment of melanoma, mainly in later stages of tumorigenesis.

TNF- $\alpha$  stimulation predicts a favorable outcome in melanoma treatment since several reports associated the use of TNF inhibitors as a factor that appear to increase the risk of skin cancer, including melanoma (Mariette *et al.* 2011; Kouklakis *et al.* 2013). In spite of that, the concentration expressed by THP-1 cells was minimal even in LPS-stimulated and non-treated macrophages.

IL-10 is an anti-inflammatory cytokine able to induce tumor progression through the promotion of angiogenesis and suppression of immune surveillance. In melanoma, its influence facilitates metastasis formation (García-Hernández *et al.* 2002; Itakura *et al.* 2011). In the present study, it was observed no alteration on IL-10 concentration after treatment with  $\alpha$ -MG.

Taking into account the pattern of cytokines altered by the treatment with  $\alpha$ -MG, it was inferred the potential underlying mechanism of iNOS inhibition by xanthone. NOS2 gene expression and translation was stimulated by a number of pro-inflammatory cytokines, particularly TNF- $\alpha$ , IL-1 $\beta$  and IFN- $\gamma$ , compounds of bacterial origin as LPS (Nathan 1992) and stress signaling as hypoxia (Ferreiro *et al.* 2001). These stimuli may activate NF- $\kappa$ B or JAK-STAT (janus tyrosine kinase - signal transducers and activators of transcription) pathways (Kleinert *et al.* 1998; Xuan *et al.* 2001). Additionally, MAPK pathway most likely contributes to iNOS expression (Janssen-Heininger *et al.* 1999; Chan *et al.* 2001). It is also known that TGF- $\beta$ 1 inhibits iNOS expression by mRNA destabilization (Perrella *et al.* 1994). NF- $\kappa$ B pathway contributes to iNOS synthesis and upregulate IL-1 $\beta$  level.  $\alpha$ -MG treated THP-1 macrophages expressed lower IL-1 $\beta$  and NO levels comparatively to control cells leading us to hypothesize the interference of the xanthone with NF- $\kappa$ B pathway. More studies must be performed in order to corroborate this supposition.

Macrophage activation and polarization are triggered by T helper cells (Th1 induce M1 phenotype and Th2 the M2-like phenotype). In turn, M1 macrophages recruit Th1 cells, CD8+ CTL (cytotoxic T cells) and NK cells leading to an inflammatory response and antitumor immunity, while M2-like macrophages favor the recruitment and development of Treg (regulatory T cells) and Th2, leading to a response that supports tumor growth through immunosuppression (Mantovani *et al.* 2002; Mantovani *et al.* 2004; Martinez *et al.* 2009; Siveen and Kuttan 2009; Sica and Mantovani 2012). In order to complement the described effect of  $\alpha$ -MG on the immune microenvironment of melanoma, a study in influence of the compound in proliferation and cytokines production by human lymphocytes was performed. The compound strongly inhibit PHA-stimulated human mononuclear cells proliferation.

As well as discussed to macrophages, lymphocytes have divergent roles in cancer due to their plasticity (Lakshmi Narendra *et al.* 2013). With the aim of establish the impact of proliferation inhibition in tumors, a set of four cytokines was evaluated in PHA-stimulated mononuclear cells from peripheral blood. At  $IC_{50}$  ( $\approx 10 \mu M$ ) concentration of  $\alpha$ -MG any cytokine concentration was altered. IL-10 and TNF- $\alpha$  was reduced to basal levels and TGF- $\beta$ 1 was stimulated at twice  $IC_{50}$  concentration. This finds indicate and absent effect of  $\alpha$ -MG in T lymphocytes at concentrations required for inhibition of melanoma cells growth and for the immunomodulatory influence in macrophages which may indicate no significant impact of lymphocytes treated with  $\alpha$ -MG on melanoma growth inhibition or in modulating of macrophages. Recently, Kasemwattanaoj *et al.*, 2013 reported no alteration in IL-1 $\beta$  and TNF- $\alpha$  expression levels by concanavalin A stimulated human mononuclear cells treated with  $\alpha$ -MG (Kasemwattanaoj *et al.* 2013).

Considering the results of cytokines modulation in THP-1 human macrophages mediated by  $\alpha$ -MG and the established involvement of immune system in melanoma treatment (Brocker *et al.* 1988; Bernengo *et al.* 2000; Makitie *et al.* 2001; Varney *et al.* 2005; Porta *et al.* 2007; Solinas *et al.* 2009; Mantovani and Sica 2010; Qian and Pollard 2010), it was hypothesized if conditioned macrophages culture medium may potentiate the cytotoxic activity of  $\alpha$ -MG. Anticancer effect of  $\alpha$ -MG was previously evaluated in different melanoma cell lines (Wang *et al.* 2011; Wang *et al.* 2012a; Wang *et al.* 2012b; Wang *et al.* 2013; Beninati *et al.* 2014). In this work, the antitumor activity of  $\alpha$ -MG on melanoma A375-C5 cells was determined and compared with that of  $\alpha$ -MG treated macrophages supernatants.  $\alpha$ -MG strongly inhibited melanoma growth ( $GI_{50} = 11.3 \pm 0.9 \mu M$ ). The results also demonstrated that the supernatants of THP-1 macrophages either treated or not with  $\alpha$ -MG significantly interfere with melanoma cell growth. This results prove that the immune microenvironment created by macrophages associated to tumors interfere with tumor cell viability. For  $\alpha$ -MG dose tested ( $6.25 \mu M$ ), below  $GI_{50}$  concentration, no significant differences were observed for the cytotoxic activity of macrophages supernatants, when treated or not with xanthone.

However, it was proved that  $\alpha$ -MG interferes with cytokine and NO production by activated macrophages leading to the evidence that the xanthone interferes with immune microenvironment of the tumor. Therefore, it was expected a difference between the cytotoxic effect of treated and non-treated macrophages supernatants. Our results could be due to the lower dose used since for  $6.25 \mu M$  only a  $\approx 5\%$  inhibition of melanoma cell growth was observed. Although, no higher doses could be used in the assays since they were associated with a significant loss of viability of THP-1 macrophages, as determined by the MTT assay.

Therefore, further studies in other *in vitro* or/and *in vivo* models must be performed in order to clarify the  $\alpha$ -MG effect in melanoma treatment and consequently establish  $\alpha$ -MG as a prospective co-adjuvant drug in these tumors. From this set of data find in this study it is possible to infer that  $\alpha$ -MG could be very interesting agent for melanoma treatment.

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# **VI. Synthetic xanthone: 1,2-dihydroxyxanthone**

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Paper 3

### **Paper 3 (draft): “1,2-dihydroxyxanthone antitumor activity: cytotoxicity and influence on the immune system microenvironment”**

#### **Abstract**

Xanthenes has been suggested as prospective candidates for cancer treatment. In melanoma its potential anticancer activity is, not only, due to a direct cytotoxic effect, but also, due to immunomodulation, since melanoma is highly immunogenic.

The main goal of this study was evaluate the 1,2-dihydroxyxanthone (i) cytotoxic effect on A375-C5 melanoma cell line and (ii) its interference with the immune macrophages induced microenvironment of the tumor.

1,2-Dihydroxyxanthone showed a moderate inhibition of melanoma growth ( $GI_{50} = 55.0 \pm 2.3 \mu\text{M}$ ). However, it strongly interferes with THP-1 human macrophages immune microenvironment, resulting in a two-fold increase of the cytotoxic effect of macrophages on A375-C5 melanoma cells. 1,2-Dihydroxyxanthone also decreased the concentration of IL- $1\beta$  and stimulated TNF- $\alpha$  (characteristic cytokines of M1 phenotype) and inhibited IL-10 and increased TGF- $\beta 1$  expression (characteristic cytokines of M2 phenotype). This xanthone also inhibited nitric oxide production ( $IC_{50} = 22.0 \pm 0.9 \mu\text{M}$ ) by RAW 264.7 murine macrophages, possibly by inhibit the synthesis of inducible nitric oxide synthase.

In conclusion, these finds allowed to infer a prospective impact of 1,2-dihydroxyxanthone in melanoma treatment, not only due to cytotoxic effect but also due to immunomodulation of tumor microenvironment.

#### **Introduction**

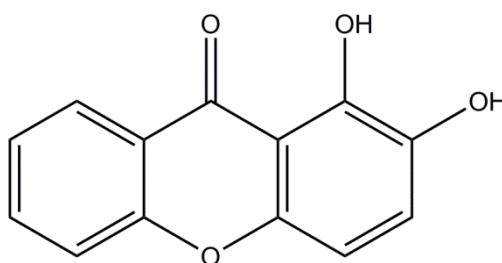
Melanoma is originated from melanocytic cells and is a result a multistep tumorigenesis. In past years the involvement of immune system in this process has been pointed as the main factor for progression of malignancy (Hussein 2004; Chen *et al.* 2011). According to that, many investigations have been focused on therapies with immune targets which result in the approved therapy Ipilimumab (inhibitor of the immunosuppressive regulatory T cells) (Dranoff 2009; Raaijmakers *et al.* 2013). However, the actual therapies, standard or alternatives are only effective for a brief period of time due to escape mechanisms, and/or are associated with severe side effects (Hodi *et al.* 2010; Solit and Rosen 2011; Graziani *et al.* 2012).

Nowadays, there is a need to find more efficient and safe alternative treatments that target multiple pathways to prevent refractory tumor and consequently avoid the massive mortality rate associated to melanoma (Kuphal and Bosserhoff 2009; Gast *et al.* 2011; Raaijmakers *et al.* 2013).

The investigation in xanthonic compounds has been rising mostly due to their remarkable characteristics in the improvement of human health (Pinto *et al.* 2005; Pinto and Castanheiro 2009). Xanthones from natural origin are, in fact, very promising compounds, however, are limited in position or type of constituents due to the biosynthetic pathways. Synthesis of new xanthones is important to enlarge the diversity of compounds and increase the possibility of biological activities, creating compounds with better therapeutic proprieties (Pedro *et al.* 2002).

Our group has a vast experience in the syntheses of xanthonic derivatives. 1,2-dihydroxyxanthone (1,2-DHX) (**Figure 13**) was obtained by demethylation of 1,2-dimethoxyxanthone according to the described procedure (48%) (Gottlieb *et al.* 1970; Vermes *et al.* 1985). The antitumor activity of this compound was already evaluated in three cancer cell lines, namely UACC-62 (melanoma), MCF-7 (breast) and TK-10 (renal), showing specificity for melanoma cells (Pedro *et al.* 2002; Sousa *et al.* 2002). Studies of this compound were also carrying out in T lymphocytes and demonstrated a weak, but present, inhibition of their proliferation (Pedro *et al.* 2002; Sousa *et al.* 2002).

As immune system, mainly the tumor-associated macrophages (TAMs), are important in melanoma therapies, not only because the highly immunogenic character of melanocytic tumors, but also because macrophages are the most abundant immune cell present in the tumor (Brocker *et al.* 1988; Bernengo *et al.* 2000; Makitie *et al.* 2001; Varney *et al.* 2005; Porta *et al.* 2007; Solinas *et al.* 2009; Mantovani and Sica 2010; Qian and Pollard 2010). The cytotoxic activity of 1,2-DHX against A375-C5 melanoma epithelial cell line and its interference in immunomodulation of THP-1 macrophages was evaluated.



**Figure 13:** 1,2-Dihydroxyxanthone

### Material and Methods

#### Chemicals and reagents

Reagents used in cell culture, including RPMI-1640, DMEM medium, and fetal bovine serum (FBS) were purchased from Gibco® Invitrogen Co. (Barcelona, Spain), 2-mercaptoethanol for synthesis was obtained from Merck (Whitehouse Station, NJ, USA), Glutamine cell culture grade and Dimethyl sulfoxide (DMSO) from Applichem (Darmstadt, Germany). N,N-Dimethylformamide (DMF) was acquiring from Spectramol Science Incorporated.

Reagents used in SRB assay as Trichloroacetic acid (TCA), Acetic acid glacial 99-100% and Trizma base were purchased from Prolabo (Oeiras, Portugal), CHEM-LAB (Zedelgem, Belgium) and Frilabo (Maia, Portugal), respectively.

IL-1 $\beta$ , IL-10, TNF- $\alpha$  and TGF- $\beta$ 1 ELISA Ready-Set-Go Kits were acquired from eBioscience (San Diego, CA, USA).

All other chemicals of analytical grade used in the experiments and unless otherwise indicated were purchased from Sigma-Aldrich® (St. Louis, MO, USA).

#### Xanthone

1,2-Dihydroxyxanthone (1,2-DHX) was synthesized in Laboratory of Organic and Pharmaceutic Chemistry (Faculty of Pharmacy, University of Porto) and in CEQUIMED (Centro de Química Medicinal; University of Porto) as previously described (Gales *et al.* 2001) and stock solution kept at -20°C in DMSO. Just prior each assay, stock solution was diluted in appropriate complete medium to the maximum concentration to test and 1:2 dilutions were serially prepared.

#### Cell lines

A375-C5 human malignant melanoma cell line and RAW 264.7 mouse macrophage cell line are part of CEQUIMED cell culture collection. THP-1 human monocyte cell line was a courtesy of Rui Appelberg.

A375-C5 was routinely maintained in 25 cm<sup>2</sup> flasks containing RPMI-1640 medium supplemented with 10% fetal bovine serum (FBS) and 1  $\mu$ L mL<sup>-1</sup> Gentamycin at 37°C in a humidified incubator with 5% CO<sub>2</sub>. For the THP-1 cell line the culture medium just described was also supplemented with 0.05 mM 2-mercaptoethanol. RAW 264.7 cell line was maintained 75 cm<sup>2</sup> flasks containing DMEM medium with the 10% FBS and gentamycin, in the same conditions.

Cell lines were sub-cultured every 2 or 3 days by trypsinization (A375-C5), replacement of the medium (THP-1) or scraping (RAW 264.7) and used for each experiment when the cells were in exponential growth.

Human mononuclear cells were isolated from heparinized peripheral blood of healthy volunteers by Histopaque-1077 density centrifugation according to manufactures' instruction. Informed consent was obtained from each volunteer. Cells were resuspended in RPMI medium supplemented with 10% FBS and 1  $\mu\text{L mL}^{-1}$  gentamycin.

### Sulphorhodamine B (SRB) growth inhibition assay

1,2-DHX effect on the growth of A375-C5 human melanoma cell line ( $7.5 \times 10^4$  cells  $\text{mL}^{-1}$ ) was evaluated according to the method adopted by the National Cancer Institute (NCI, USA) (Monks *et al.* 1991) as already described by our group (Pedro *et al.* 2002; Gupta *et al.* 2008). Doxorubicin (1:10 dilutions) was used as positive control (Pedro *et al.* 2002; Gupta *et al.* 2008).

### Antitumor effect of conditioned macrophages culture medium

After testing the cytotoxic effect of 1,2-DHX on A375-C5 melanoma cell line, the antitumor effect of conditioned macrophage culture medium was evaluated according to He *et al.*, 2012. Briefly, THP-1 cell line was plated at  $1 \times 10^5$  cells  $\text{mL}^{-1}$  and differentiated into THP-1 macrophages with 10 ng  $\text{mL}^{-1}$  PMA for 72h (He *et al.* 2012). Once differentiated, cells were washed twice with complete medium and left for another 24h incubation in order to obtain the resting stages of macrophages (Chanput *et al.* 2012; Chanput *et al.* 2014). Then, they were stimulated with 100  $\mu\text{L}$  of LPS solution (1  $\mu\text{g mL}^{-1}$ ) and treated with 100  $\mu\text{L}$  1,2-DHX (concentration below  $\text{GI}_{50}$ ). Treated cells were incubated for 24h at 37°C, 5%  $\text{CO}_2$  in a humidified incubator (He *et al.* 2012). Plates were centrifuged and half of the volume of each well was transferred to A375-C5 adherent cell monolayers, previously plated as for cancer growth inhibition assay procedure. After 48h incubation, SRB assay was performed, absorbance was measured and cell-growth inhibition determined (Pedro *et al.* 2002).

### Cytokine quantification

Culture supernatants of differentiated THP-1 cells, stimulated and treated as previously described, were stored at -20°C until cytokine analyses.

Levels of interleukin-1 $\beta$  (IL-1 $\beta$ ), interleukin-10 (IL-10), tumor necrosis factor- $\alpha$  (TNF- $\alpha$ ) and transforming growth factor- $\beta$ 1 (TGF $\beta$ 1) in culture supernatants were quantified by ELISA Ready-Set-Go Kits (eBioscience) according to manufacturers' instructions and

## VI. Synthetic xanthone: 1,2-dihydroxyxanthone

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measured at 510 nm in an ELISA reader (Stat FAX3200, Awareness Technology) (Cerqueira *et al.* 2003).

### NO production assay

The determination of nitric oxide (NO) production by RAW 264.7 ( $1 \times 10^6$  cells mL<sup>-1</sup>) after treatment and stimulation with 1.5 µg mL<sup>-1</sup> LPS was quantified by Griess assay as previously described by our group (Teixeira *et al.* 2005; Cerqueira *et al.* 2008). *N*-nitro-L-arginine methyl ester (L-NAME), and inhibitor of inductive nitric oxide synthase (iNOS) activity, and Dexamethasone, an inhibitor of iNOS expression, were used as positive controls.

Since inhibition of NO production could be a consequence of an inhibition of iNOS expression and/or activity, it was necessary to investigate 1,2-DHX mechanism. For that, the compound was also added 6h and 14h after RAW 264.7 macrophages stimulation with LPS (Cerqueira *et al.* 2008).

### NO Scavenging assay

To discard NO scavenging effect by xanthone, nitrite was chemically generated using sodium nitroprusside as previously described. Nitrite was quantified by Griess assay (Teixeira *et al.* 2005; Cerqueira *et al.* 2008).

### MTT-viability assay

Toxicity of 1,2-DHX on THP-1 cell line and RAW 254.7 cell line was evaluated by MTT-viability assay (Pedro *et al.* 2002; Cerqueira *et al.* 2003; Teixeira *et al.* 2005).

### Statistical analysis

Except otherwise stated, results are the mean  $\pm$  SEM of at least three independent experiments, performed in duplicate. Statistical analysis was performed with SPSS for Windows (version 20.0). Statistical significance between groups was calculated by Mann-Whitney Test and it is considered for p values less than 0.05.

### Ethics

Ethics approval was obtained by the Ethic Comity of University Fernando Pessoa.



## Results

### Antitumor effect of 1,2-DHX and conditioned macrophages culture medium

The evaluation of 1,2-DHX effect on A375-C5 melanoma growth was performed by SRB assay and revealed a moderate inhibitory effect of the xanthone (**Table 6**). This effect showed to be dose-dependent (data not show).

**Table 6:** Effect of 1,2-dihydroxyxanthone on the growth of A375-C5 human melanoma cell line.

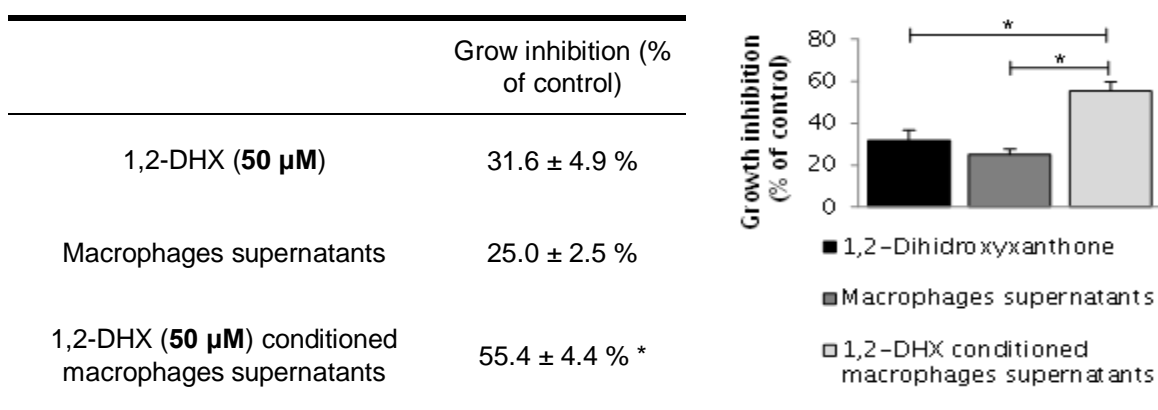
	Growth inhibition (GI <sub>50</sub> )
1,2-DHX	55.0 ± 2.3 µM
Doxorubicin	1.8 X 10 <sup>-3</sup> ± 0.4 X 10 <sup>-3</sup> µM

Results are the mean ± SEM of three independent experiments performed in duplicate. Doxorubicin was used as positive control.

As modulation of immune system has been a promising approach in melanoma treatment, it was investigate the possible influence of 1,2-DHX conditioned macrophages supernatants on A375-C5 cells growth.

The results demonstrated a similar inhibition of cancer cells growth by the compound at 50 µM and non-treated macrophages. However, xanthone-treated macrophages-conditioned medium showed a significant ( $p < 0,001$ ) decrease of melanoma cell growth comparatively with the other two conditions, as demonstrated in

**Figure 14.**



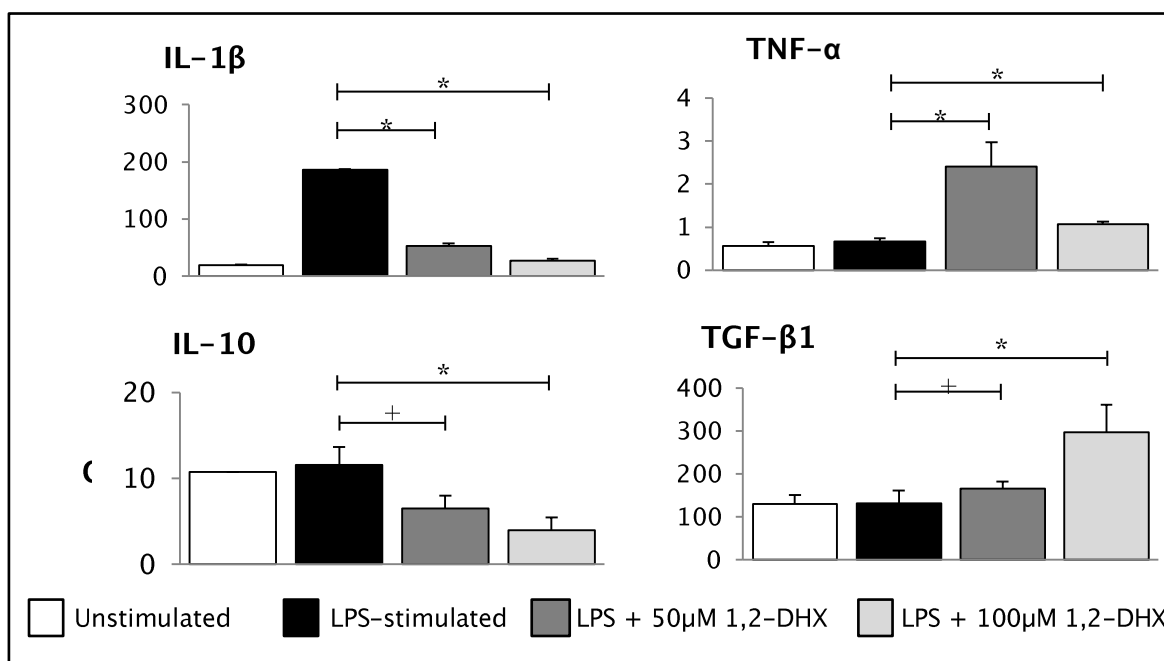
**Figure 14:** Cytotoxic activity of 1,2-Dihydroxyxanthone, macrophages supernatants and 1,2-dihydroxyxanthone conditioned macrophages supernatants on A365-C5 melanoma cell line. THP-1 PHA-differentiated macrophages were treated with the compound and supernatants were added to melanoma cells. Results show mean values ± SEM (n = 3). \*  $p < 0.001$

## VI. Synthetic xanthone: 1,2-dihydroxyxanthone

### Effect on IL-1 $\beta$ , IL-10, TGF- $\beta$ 1 and TNF- $\alpha$ production by macrophages

Further experiments were carried out to determine the underlying mechanism of 1,2-DHX on macrophages. Two concentrations of the compound (over and below  $GI_{50}$ ) were studied in order to evaluate the effect of this xanthone on the kinetics of cytokines production by LPS-stimulated THP-1 macrophages cell line (**Figure 15**). The expression of four cytokines was evaluated: IL-1 $\beta$  and TNF- $\alpha$  characteristic of M1 phenotype and IL-10 and TGF- $\beta$ 1 characteristic of M2 phenotype.

1,2-DHX significantly inhibited the expression of IL-1 $\beta$  and stimulated the expression of TNF- $\alpha$  at the two concentrations. At concentration above  $GI_{50}$ , xanthone stimulated expression of TGF- $\beta$ 1 and suppressed IL-10 by THP-1 macrophages.



**Figure 15:** Effect of 1,2-DHX on IL-1 $\beta$ , IL-10, TGF- $\beta$ 1 and TNF- $\alpha$  production by THP-1 macrophages. Cytokines production was evaluated on Unstimulated macrophages (basal), LPS-stimulated macrophages (positive control) and macrophages treated with 6 and 3  $\mu$ M 1,2-dihydroxyxanthone. Data are the mean  $\pm$  SEM from one experiment, performed with duplicate cultures, and it representative of three experiments carried out independently. \*  $p < 0.001$ ; +  $p > 0.05$

### Effect on NO production by macrophages

The production of NO by RAW 264.7 murine macrophages cell line was strongly inhibited by 1,2-DHX ( $IC_{50} = 22.0 \pm 0.9 \mu$ M) (**Table 7**) in a dose-dependent manner (data not show).

NO inhibition was not associated to cell death since at  $IC_{50}$  values, viability was near 100% (**Table 7**). 1,2-DHX did not show any scavenging activity of NO generated in a cell-free system (data not show).

## VI. Synthetic xanthone: 1,2-dihydroxyxanthone

**Table 7:** Effect of 1,2-DHX on NO production by LPS-stimulated RAW 264.7 macrophages

	NO inhibition (IC <sub>50</sub> )	Viability at IC <sub>50</sub>
1,2-Dihydroxyxanthone	22.0 ± 0.9 µM	100 %
L-Name	62.4 ± 7.8 µM	96.0 ± 2.5 %
Dexamethasone	4.3 ± 0.6 µM	100 %

Results are the mean ± SEM (n = 3). L-Name and Dexamethasone was used as positive control.

It was next investigated whether the inhibition of NO production was due to a decrease in iNOS expression or impairment of iNOS activity. iNOS is transcribed within 2-4 hours and translated within six hours after LPS-stimulation in macrophages (Xie *et al.* 1994). As such, 1,2-DHX was added at a concentration close to IC<sub>50</sub> value and NO was measured at 0, 6 and 14 h after RAW 264.7 macrophages stimulation with LPS. When 1,2-DHX was added simultaneously with the stimulus, about 57% of NO production was inhibited. When the compound was added 6 h after stimulation, the effect significantly decreased to 26% (p < 0.001), while a lack of inhibitory effect was observed when the compound was added 14 h after stimulation (Table 8).

Once again, toxicity was excluded by MTT viability assay, since cells showed viability higher than 90 % at dilution closest to IC<sub>50</sub> of 1,2-DHX. Concentrations of xanthone and controls (L-NAME and Dexamethasone) used in this study were the dilution closest to IC<sub>50</sub>, previously determined.

**Table 8:** Inhibitory effect of 1,2-DHX on NO production by RAW264.7.

	NO inhibition (% of control)		
	0 h	6 h	14 h
1,2-DHX at <b>25 µM</b>	56.6 ± 1.8 %	25.0 ± 2.8 % *	n.i.
L-Name at <b>62,5 µM</b>	52.1 ± 6.0 %	50.7 ± 3.8 % <sup>†</sup>	24.7 ± 3.1 % *
Dexamethasone at <b>6,25 µM</b>	55.9 ± 2.3 %	15.7 ± 6.0 % *	n.i.

Macrophages were exposed to LPS and treated with 1,2-dihydroxyxanthone at different times after stimulation: 0 h (simultaneously with the stimulus), 6 h and 14 h after stimulation. Results are the mean ± SEM (n = 3). n.i.= no inhibition. \* p < 0.001, <sup>†</sup> p > 0.05. L-NAME and Dexamethasone was used as positive controls.

### Discussion

The anticancer and immunomodulatory effect of natural and synthetic xanthenes have been extensively reported in literature (Pinto *et al.* 2005; Teixeira *et al.* 2005; Castanheiro *et al.* 2007; Obolskiy *et al.* 2009; Gutierrez-Orozco and Failla 2013). In particular, 1,2-DHX inhibited the growth of several cancer cell lines and the proliferation of stimulated T lymphocytes (Pedro *et al.* 2002; Sousa *et al.* 2002). In spite of these insights, and as far as we know, no studies were performed considering the immune microenvironment of 1,2-DHX-conditionated macrophages mediated effect on melanoma cell.

In the present study, the effect of 1,2-DHX on A375-C5 melanoma cell line was evaluated. However, a significant difference of potency was observed when comparing the  $GI_{50}$  for A375-C5 ( $GI_{50} = 55.0 \pm 2.3 \mu M$ ) and UACC-62 melanoma cell line ( $GI_{50} = 14.0 \pm 0.3 \mu M$ ), this may be explained by the difference morphology of the cell, i.e. epithelial (A375-C5) and non-epithelial (UACC-62).

Melanoma is a highly immunogenic tumor (Hussein 2004), therefore it was hypothesized the possible improvement of anticancer capacity of 1,2-DHX by immune system involvement. It was showed that 1,2-DHX strongly interfere with macrophages immune microenvironment, resulting in a two-fold increase of the cytotoxic effect of macrophages on A375-C5 melanoma cells. This finding indicates a possible induction of an antitumor macrophages phenotype by 1,2-DHX since supernatants of non-treated macrophages by it self showed much lower inhibition comparatively to treated macrophages.

In order to certify the underlying mechanism mediated by 1,2-DHX in macrophages, the expression of cytokines, namely interleukin -  $1\beta$  (IL- $1\beta$ ) and tumor necrosis factor -  $\alpha$  (TNF-  $\alpha$ ) (characteristic of a M1 phenotype) and tumor growth factor -  $\beta 1$  (TGF- $\beta 1$ ) and IL-10 (characteristic of a M2-like phenotype) was evaluated.

Macrophages are dynamic and heterogeneous cells mainly due to their capacity to respond to stimulus. According to the microenvironment they may be polarized into a spectrum of phenotypes ranging from the pro-inflammatory M1 (classic) to the immunosuppressive M2 (alternative) (Allavena *et al.* 2008; Biswas *et al.* 2013). Several evidences indicate that macrophages phenotypes can change during tumor progression (Zaynagetdinov *et al.* 2011). M1 activation may induce chronic inflammation, a factor that could predispose to tumor initiation (Greten *et al.* 2004; Pikarsky *et al.* 2004). However, in early stages of tumor progression, TAMs adopt a M1-like phenotype that contributes to tumor immunity. M2 phenotype is mainly expressed in established tumors and induce immunosuppressive, angiogenic and metastatic effects (Mantovani *et al.* 2004; Sica *et al.* 2006; Gordon and Mantovani 2011; Zaynagetdinov *et al.* 2011; Liao *et al.* 2014).

1,2-DHX suppress the expression of IL-1 $\beta$  to concentrations similar to basal and stimulated TNF- $\alpha$  expression. It also inhibited IL-10 production and stimulated TGF- $\beta$ 1 expression but only at concentration above GI<sub>50</sub> (100  $\mu$ M), while any alteration was detected at lower concentration.

IL-1 $\beta$ , a pro-inflammatory cytokine mainly produced by monocytes and macrophages is an example of the pleiotropism of immune system. In melanoma its expression was associated to tumor progression and promotion of lung metastases from melanoma (Giavazzi *et al.* 1990; Meyer *et al.* 2011). Therefore, IL-1 $\beta$  has been associated with all steps of malignancy (carcinogenesis, progression, invasion and metastasis) and may even be expressed by the tumor cells (Apte and Voronov 2008). In contrast, it induces an immune response against malignant cells associated to the M1 macrophages phenotype (Fairweather and Cihakova 2009).

TNF- $\alpha$  stimulation predicts a favorable outcome in melanoma treatment since several reports associated the use of TNF inhibitors as a factor that appear to increase the risk of skin cancer, including melanoma (Mariette *et al.* 2011; Kouklakis *et al.* 2013). TNF- $\alpha$  expression by THP-1 cells at basal and LPS-stimulated level was significantly lower when compared to 1,2-DHX treated cells.

IL-10 and TGF- $\beta$ 1 are anti-inflammatory cytokine involved in carcinogenesis process. In melanoma, IL-10 was associated with metastatic formation (García-Hernández *et al.* 2002; Itakura *et al.* 2011) and TGF- $\beta$ 1 are highly expressed and increase in parallel with tumor progression (Krasagakis *et al.* 1998; Javelaud *et al.* 2008). In spite of the differences observed, the antitumor effect of 1,2-DHX conditioned macrophages medium was not due neither to IL-10 nor TGF- $\beta$ 1 expression, since for treatment with 50  $\mu$ M of 1,2-DHX no significantly differences were observed for the expression of these cytokines by THP-1 macrophages.

Production of nitric oxide (NO) by macrophages in tumors has controversial functions. It was reported that below a critical concentration of NO, it causes DNA mutations (Wink *et al.* 1998), inhibits apoptosis (Choi *et al.* 2002), promotes angiogenesis (Ziche and Morbidelli 2000), limits immune response against cancer (Wink *et al.* 1991) and promotes metastasis (Lala and Orlucevic 1998). When it exceeds the critical concentration, NO induce apoptosis and suppress the growth of the tumor (Choudhari *et al.* 2013). NO has been reported as cytotoxic in melanoma and many other tumors, but simultaneously it modulates many pro-tumor pathways including resistance to apoptosis, cell cycle progression, angiogenesis invasion, and metastasis (Ying and Hofseth 2007; Choudhari *et al.* 2013). In order to clarify this relation and better understand the mechanism mediated by 1,2-DHX in macrophages, production of NO by macrophages was evaluated.

In NO production assay, RAW 264.7 was used instead of THP-1 human macrophages cell line since this was referred as an appropriate model to study iNOS system (Dirsch *et al.* 1998; Shih *et al.* 2010). Human macrophages *in vitro* produce low quantity of NO in response to stimuli (Thomassen and Kavuru 2001). However either *in vitro* murine cells as *in vivo* human macrophages express great quantities of NO in inflammatory conditions (Ochoa *et al.* 1991; Dirsch *et al.* 1998)

1,2-DHX is a potent inhibitor of NO production by LPS-stimulated RAW 264.7 murine macrophages cell line ( $IC_{50} = 22.0 \pm 0.9 \mu M$ ). This effect was not due to cell death or to NO scavenging, thus it was proved that interference was at the level of NO production.

In stimulated macrophages, NO is produced by the inducible form of NO synthetase (iNOS or NOS2) from L-arginine and molecular oxygen (Gross and Wolin 1995; Aramaki 2000). NOS2 gene regulation, as the majority of genes may occur at transcriptional and post-transcriptional level (Nathan and Xie 1994; Bogdan *et al.* 2000; Brunet 2001).

With the purpose of evaluate the time point when the compound interfere with the enzyme to inhibit NO production, xanthone was added at different hours: 0h (simultaneously), 6h and 14h after RAW 264.7 macrophages stimulation with LPS. Although, 1,2-DHX added simultaneously has potent inhibition; when it was added 6h after stimulation the effect decreased significantly ( $p < 0.001$ ) and when added after 14h, the effect was null. This finding leads us to conclude that the compound may exert its action by interfering with iNOS expression, once this enzyme is transcribed within 2-4 hours and translated within six hours after LPS-stimulation in macrophages (Xie *et al.* 1994). L-NAME (inhibitor of iNOS activity) (McCall *et al.* 1991), and Dexamethasone, inhibitor of iNOS expression (Korhonen *et al.* 2002) was used as positive controls and the obtained results were in accordance with the mechanism proposed to these inhibitors by our technique.

Inhibition of iNOS indicated an anti-inflammatory potential of 1,2-DHX. However, inflammation and NO production has controversial effects in cancer. NO has been reported as cytotoxic in melanoma and many other tumors, but simultaneously it modulates many pro-tumor pathways including resistance to apoptosis, cell cycle progression, angiogenesis, invasion and metastasis (Ying and Hofseth 2007; Choudhari *et al.* 2013).

The underlying mechanism of inhibition of iNOS expression by 1,2-DHX may be explained by the stimulation of TGF- $\beta$ 1. This cytokine has been reported as a destabilizer of iNOS mRNA avoiding gene translation and inhibiting NO production. Involvement of NF- $\kappa$ B pathway may also be involved since it contributes to iNOS synthesis and upregulate IL-1 $\beta$  level and 1,2-DHX treated THP-1 macrophages expressed either lower IL-1 $\beta$  and NO levels comparatively to control cells. This finding leads us to hypothesize the

interference of the xanthone with NF- $\kappa$ B pathway. More studies must be performed in order to corroborate this supposition.

The set of all data find in this study allowed to infer a potential of 1,2-DHX in melanoma treatment, due to its cytotoxic activity through direct inhibition of cell growth and by modulation of macrophages immune microenvironment. Characteristics of 1,2-DHX in melanoma are even more important taking in account the lack of appropriated therapeutic alternatives in this tumor. However, further studies are needed to attest this relation *in vivo*.

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## **VII. Conclusions**

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The present study comprised the evaluation of antitumor and effect of two different xanthenes: alpha-mangostin obtained from mangosteen and 1,2-dihydroxyxanthone obtained from synthesis, and their involvement in several parameters of immune system, concerning their anticancer activity. Interference of  $\alpha$ -MG was tested in cells of innate and adaptive immune system, while 1,2-DHX was only evaluated in macrophages due to recent studies in lymphocytes performed by our group.

The main conclusions from the results of this study are as followed:

### **Antitumor activity of compounds:**

- $\alpha$ -MG and 1,2-DHX showed to be good inhibitors of A375-C5 melanoma cell line growth. However, the potency of the cytotoxic effect of  $\alpha$ -MG was significantly higher than that of 1,2DHX.

### **Antitumor activity of macrophages conditioned culture medium:**

- 1,2-DHX interfered with the immune macrophages-dependent microenvironment of A375-C5 melanoma cells;
- For  $\alpha$ -MG this effect was not clearly observed, probably due to the doses tested;

### **Inhibition of NO production:**

- Expression of NO by RAW 26.7 macrophages was suppressed after treatment with  $\alpha$ -MG and 1,2-DHX and, once again, a more significant inhibition was obtained for  $\alpha$ -MG.
- Inhibition of NO production by these compounds is probably a consequence of inhibition of *NOS2* gene expression, occurring just after stimulation.

### **Interference of cytokine expressed by THP-1 macrophages:**

- $\alpha$ -MG and 1,2-DHX decreased the expression of IL-1 $\beta$ , a pro-inflammatory cytokine associated to carcinogenesis, progression, invasion and metastases, and either as mediator of immunosurveillance.
- $\alpha$ -MG also inhibit the anti-inflammatory cytokine ,TGF- $\beta$ 1, which may compromise the tumor immune scape and it could allow an immune response against tumor.
- At concentration above GI<sub>50</sub>, 1,2-DHX suppressed IL-10 and stimulated TGF- $\beta$ 1, however it cannot be associated to antitumor effect of supernatants of treated macrophages since it was not verified at the concentration must closer GI<sub>50</sub>.
- Stimulation of TGF- $\beta$ 1 by 1,2-DHX could explain the inhibitory effect against iNOS by this compound. This cytokine has been reported as a destabilizer of iNOS mRNA avoiding gene translation and inhibiting NO production.

- The inhibition of IL-1 $\beta$  mediated by  $\alpha$ -MG may elucidate the underlying mechanism of inhibition of NO production since IL-1 $\beta$  stimulates the NF- $\kappa$ B pathway that, in turn, activates the expression of iNOS enzyme.
- IL-10 and TNF- $\alpha$  concentrations did not alter in macrophages treated with  $\alpha$ -MG comparatively to non-treated macrophages; while only TNF- $\alpha$  concentration remains stable in 1,2-DHX treated macrophages.

**Antiproliferative activity against human lymphocytes:**

- $\alpha$ -MG strongly inhibits proliferation of human T lymphocytes from peripheral blood.
- $\alpha$ -MG also reduced the expression of IL-10 and TNF- $\alpha$  to basal levels in these cells, but only at a concentration much higher than IC<sub>50</sub> which indicates an interference in cytokine proliferation without affecting cytokine expression.

In summary, this dissertation allows to infer the potential of alpha-mangostin and 1,2-dihydroxyxanthone xanones in melanoma treatment due to their cytotoxic activity and suggestive effect in cancer immunotherapy.

Although, further studies are needed to attest and explain the mechanism of action of xanones against melanoma.